



ANNUAL REPORT

2015-16

LOKOPRIYA GOPINATH BORDOLOI REGIONAL INSTITUTE OF MENTAL HEALTH
TEZPUR - 784001
ASSAM



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DIRECTOR'S DESK

I am happy to present before you the Annual Report of the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health for the period 1st April 2015 to 31st March 2016. The annual report also depicts the financial performance of the institute. This year the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, completes 140 years of its existence and service in the area of mental health care.

Developed as a tertiary care Institution under the GOI, the Institute has played an important role in providing mental health services in the NER states and the eastern region of the country from the last century. The LGBRIMH has also been playing an active role in manpower development and research in the field of Mental Health and Allied Sciences with the introduction of various PG and Pre-doctoral programmes in the disciplines of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology. I am glad to announce that the PhD programmes in all the disciplines are expected to commence from the next session the Institute.

The Institute is still undergoing various developmental activities mainly concerning construction activities for infrastructure development with state of the art technology; these are expected to be completed by the next year. Some new projects have also been taken up this year to satisfy the future infrastructural needs of the institute. Work on the new projects, i.e. nurse's hostel and an auditorium with a cultural complex is taken up this year and construction activities are in progress.

However the biggest challenge faced by the institute at the present is the slow progress in creation of the requisite manpower to deliver the services, without which the expected improvement in delivery of public services will be difficult. I also hope that the policy makers and the government will look into the matter and take into consideration the special needs of the NER pertaining to these areas and approve creation of the requisite posts promptly and make these posts attractive for the trained manpower to come and work in the Institute.

I am grateful to the dedicated staff of the LGBRIMH, various civil bodies and the public for their support and suggestions for the development of the Institute. Their active support is crucial for the smooth functioning of the Institute in a remote area like Tezpur, Assam.

(S. K. Deuri)

Director





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CHAPTER 1

INTRODUCTION

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, completes 140 years of its existence and service in the area of mental health care since its inception in 1876.

The Institute has played a significant role in manpower development and research in the field of mental health and allied disciplines. The Government of India has approved the establishment of the Neuro Surgery and Neurology departments in LGBRIMH in the lines of NIMHANS; the premier institute in this field.

The Institute has an attached hospital with inpatient care facilities for 336 patients. The treatment facilities are offered free of cost to all the patients. The Institute offers regular courses under Gauhati University with M.D. in Psychiatry, M.Sc. in Nursing (Psychiatric Nursing), M. Phil in Psychiatric Social Work and M. Phil in Clinical Psychology and also Post-Basic Diploma course in Psychiatric Nursing. The LGBRIMH has been recognized as a centre for conducting PhD programmes in psychiatric Nursing, Psychiatric Social Work and Clinical Psychology by the Gauhati University. The Institute also provides exposure training to visiting students from various medical, para-medical and non-medical institutions.

CHAPTER 2

VISION

To develop Lokopriya Gopinath Bordoloi Regional Institute of Mental Health as a national institute of importance.

MISSION

1. To deliver free mental health care uniformly for all.
2. To develop manpower for delivering the services.
3. To promote research activities for enhancing knowledge.

OBJECTIVES

1. To provide equitable access to mental health care to all sections of society with effective linkages to the other health related institutions.
2. To develop human resources for delivering the services.
3. To reduce overall disease burden by providing proper sustainable rehabilitation measures.
4. To promote positive mental health for all sections of people of the region through collaborative activities with different social and educational organizations.
5. To provide conducive environment for research activities in collaboration with different agencies.
6. To facilitate implementation of National Mental Health Programme (NMHP).
7. To develop infrastructure for all related activities with a multimodal approach.

CHAPTER 3

PREFACE

This year's Annual Report outlines the tasks accomplished by the Institute in one year. It mainly portrays the achievements in the three areas i.e. patient care service, training and research. It also depicts the financial expenditure of the Institute.

The report is an indication of the utilization of allotted funds from the Government of India.

This report serves to portray the Institute's activities and dissemination on the services provided by the Institute for public benefit during the session 2015-16.

EXECUTIVE SUMMARY

The purpose of this report is to emphasize on the activities accomplished by different departments of the Institute. It offers a glimpse on the progress of the institute in terms of fulfilment of academic objectives, patient care services, research and infrastructure development in the period 2015-16. The text is structured into 9 units.

UNIT I : introduces the reader to the Institute's mission statement and composition of the administration and management. It also includes preface, executive summary and the Director's message.

UNIT II : highlights the academic sections with emphasis on execution of academic activities, research and services rendered by different departments of the Institute to the society.

UNIT III : incorporates the Outdoor and Indoor department highlighting the services and procedure followed for receiving treatment at OPD and provision of healthy environment and services to the patients at the Indoor Section.

UNIT IV : includes the supportive services that facilitate the Institute in accomplishment of tasks necessary for completion of the functioning of the Institute as a whole.

UNIT V : presents two chapters that explore the Institute's commitment towards the society through outreach programs and rehabilitation efforts.

UNIT VI : highlights the special functionaries of the Institute - Ethics Committee, Scientific Review Committee, RTI, and Parliamentary Questions.

UNIT VII : highlights the events celebrated at the Institute and the moments that made the Institute feel proud by the visit of dignitaries from Assam and other parts of the country.

UNIT VIII : presents the Auditor's report.

CHAPTER 5

ADMINISTRATION AND MANAGEMENT

The Board of Governors, Executive Council, Board of Visitors and the Finance Committee are the core management functionaries of the Institute. A list of the bodies along with their respective Chairman and members are given below:-

The Board of Governors is the apex body governing the Institute. The Union Minister of Health and Family Welfare is its Chairman.

Chairman and Members of the Board of Governors

1. Union Minister of Health & Family Welfare	Chairman
2. Chief Minister of Assam	Vice-Chairman
3. A Representative of the Planning Commission	Member
4. Health Minister of Assam	Member
5. Health Minister of Arunachal Pradesh	Member
6. Health Minister of Meghalaya	Member
7. Health Minister of Manipur	Member
8. Health Minister of Mizoram	Member
9. Health Minister of Nagaland	Member
10. Health Minister of Sikkim	Member
11. Health Minister of Tripura	Member
12. Secretary, Health & Family Welfare, Govt. of India	Member
13. Secretary, Ministry of DONER, Govt. of India	Member
14. Secretary, North Eastern Council, Shillong	Member
15. Director General of Health Services, Govt. of India	Member
16. Addl. Secy. & F.A, Ministry of Health & F.W, Govt. of India	Member
17. Vice Chancellor of the Gauhati University	Member
18. President of Medical Council of India	Member
19. President of Indian Nursing Council	Member
20. President, National Board of Examination	Member
21. President, Rehabilitation Council	Member
22. Director, NIMHANS, Bangalore	Member
23. Two Psychiatrists to be nominated by the Ministry	Member
24. Director, LGB Regional Institute of Mental Health	Member Secretary

Chairman and Members of the Executive Council

The Executive Council manages the day to day business and affairs of the society as well as the Institute. The Secretary of Health and Family Welfare, Govt. of India, is its Chairman.

1. Secretary, Health & Family Welfare, Govt. of India	Chairman
2. Secretary, North Eastern Council, Shillong	Vice-Chairman
3. Addl. Secy. & F. A, Ministry of Health & F.W, Govt. of India	Member
4. Commissioner & Secretary, Health & F. W, Assam	Member
5. Commissioner & Secretary, Health & F. W, A.P	Member
6. Commissioner & Secretary, Health & F. W, Meghalaya	Member
7. Commissioner & Secretary, Health & F. W, Manipur	Member
8. Commissioner & Secretary, Health & F. W, Mizoram	Member
9. Commissioner & Secretary, Health & F. W, Nagaland	Member
10. Commissioner & Secretary, Health & F. W, Tripura	Member
11. Commissioner & Secretary, Health & F. W, Sikkim	Member
12. Joint Secretary, Ministry of Health & F.W, Govt. of India	Member
13. A Representative of Director General of Health Services, GOI	Member
14. Medical Superintendent, LGBRIMH, Tezpur	Member
15. Academic Representative, LGBRIMH, Tezpur	Member
16. Nominated Member of the Ministry	Expert Member
17. Nominated Member of the Ministry	Expert Member
18. Director, LGBRIMH, Tezpur	Member Secretary

Board of Visitors

The Secretary, Ministry of Health and Family Welfare, Govt. of India, Nirman Bhavan, New Delhi has constituted the Board of Visitors of LGBRIMH with the following members :

1. Dr. Hiranya Kr. Goswami, Professor & HOD (Psychiatry), S. M. C., Silchar.
2. Dr. H. R. Phookan, Professor of Psychiatry, Gauhati Medical College, Guwahati.
3. Major General (Rtd.) Dr. Purnananda Das, Ex-Professor of Psychiatry (AFMC, Pune).
4. Dr. Dipesh Bhagabati, Professor of Psychiatry, Gauhati Medical College Hospital, and Secretary State Mental Health Authority.
5. Representative of the Head of the Medical Services of the State of Assam.
6. Shri Om Prakash Bagaria, Local Resident, C/o K. B. Stores, Main Road, Tezpur.
7. Mrs. Meenakshi Bhuyan, Social Worker, K.P. Memorial School, Parua Tiniali, Tezpur.
8. Md. Nazim Ahmed, Social Worker, Ex-Police Line, Tezpur.

Finance Committee

The Finance Committee of the Institute consists of the following members :-

- | | |
|--|------------------|
| 1. Additional Secretary & Financial Advisor, MoH&FW, GOI | Chairperson |
| 2. Joint Secretary, MoH&FW, GOI | Member |
| 3. Director, LGBRIMH | Member |
| 4. Medical Superintendent, LGBRIMH | Member |
| 5. Chief Finance & Accounts Officer, LGBRIMH | Member Secretary |

GENERAL ADMINISTRATION

Director

Dr. S. K. Deuri, DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)

Medical Superintendent

Dr. Anil Ch. Sarmah, MD (AMCH, Dibrugarh University)

Deputy Medical Superintendent I/C

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bangalore)

Controller of Examinations

Dr. K. Pathak, MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)

Assistant Medical Superintendent

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bangalore)

Chief Finance & Accounts Officer

Mr. J. K. Sarmah, BA (SOGE)

Accounts Officer

Mr. Ujjal Tarafdar, B. Com

Administrative Officer

Mr. Tapan Mohanta, MA

CHAPTER 6

ACADEMIC SECTION

The institute started various academic programmes in the field of mental health with an objective to augment the mental health manpower of the country. The academic departments were established in the year 1998 and the first academic programme got underway in 2001 in the form of Diploma in Psychiatric Nursing.

Academic courses offered by the Institute in the field of mental health and behavioural sciences:

- MD (Psychiatry)
- DNB (Psychiatry)
- M. Phil (Psychiatric Social Work)
- M. Phil (Clinical Psychology)
- M. Sc. (Psychiatric Nursing)
- Diploma in Psychiatric Nursing (DPN)

Other than the regular courses conducted by the institute, it is the identified centre for providing training in mental health for both medical and non-medical students on a short term basis for students from the educational institutions in the different parts of the country.



Photo: View of the Academic Section

Academic Calendar :

The academic calendar of the institute is as given below :

Date of Advertisement for Admission	December last week / January First Week
Filling up of online application form	December last week / January First Week
Last date of filling of online application form	January last Week / February First Week
Date of Entrance Test	First Sunday of March
Declaration of result	Within two days of entrance examination
Date of admission	1 st to 3 rd May
Start of session	May first week

Entrance Examination :

Online system has been adopted for submission of applications for the three courses, namely M.Sc. Nursing (Psychiatric Nursing), M. Phil in Clinical Psychology and M. Phil in Psychiatric Social Work. The entrance examination was conducted centrally at the institute campus on 8th March, 2015. A total number of 170 forms have been submitted online out of which 165 students were selected to appear in the exam and 119 students actually appeared in the exam.



Entrance examination held on 06.03.16

DEPARTMENT OF PSYCHIATRY

Introduction :

A full-fledged Department of Psychiatry was established in 1998 to provide better psychiatric care in the Institute. With the passage of time, the department has embraced teaching and research activities with patient care services.

The M.D. and D.N.B. trainees are involved in different academic activities including seminar presentation, case conference, journal club, short topic discussion, theory classes, OPD services and ward round under the supervision of the faculties.

The faculty and the resident doctors not only provide services in the indoor, outdoor and community extension clinics, but they also provide services in different consultancy activities organized by governmental and non-governmental organizations.

Faculty :

Post	Name	Qualification
Professor Director	Dr. S. K. Deuri	DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)
Professor and Head	Dr. (Mrs.) Aparajita Baruah	MD (GMCH, Gauhati University)
Associate Professor	Dr. Kangkan Pathak	MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)
Associate Professor	Dr. K. N. Kalita	MD (GMCH, Gauhati University) / PG Diploma in Hospital and Health Management under IGNOU
Assistant Professor	Dr. Dhrubajyoti Chetia	MD (AMCH, Dibrugarh University)
Assistant Professor	Dr. Oli Roy Chakraborty	MD (GMCH, Gauhati University)
Assistant Professor	Dr. Soumik Sengupta	MD (Gauhati University)
Assistant Professor	Dr. Vijay Gogoi	MD (Dibrugarh University)
Assistant Professor	Dr. Bandana Timungpi	MD (Assam University)
Assistant Professor	Dr. Subhashish Nath	MD (Assam University)
Assistant Professor	Dr. Kushal Tamuli	DPM (Dibrugarh University), DNB (N.B.E. ,New Delhi)
Assistant Professor	Dr. Abhijit Kalita	MD (Dibrugarh University)

Services :

There are four Special Clinics which are held once in a week in the OPD. The total number of patients seen at each of the special clinics in 2015-16 is given beneath:

	2015-16	2014-15	2013-14
General Psychiatry			
OPD	108835	104121	95020
New cases	18819	19226	17333
Old cases	90016	84895	77687
Inpatients	1812	1825	1586
Special Clinics			
New Cases	5043	5197	2013
Old Cases	14768	14204	8548
Community Clinic			
New cases	224	311	429
Old cases	6442	7760	8035

Special Clinics/Services :

There are four Special Clinics which are held once in a week in the OPD. The total number of patients seen at each of the special clinics in 2015-16 is given beneath:

CLINICS	NEW	OLD
Geriatric	1796	4419
Epilepsy	503	3161
Alcohol and Drug Dependence	760	1664
Child Guidance	1984	5524

Academic Activities :

Regular academic activities like Seminar, Journal Club, Short Topic discussion and Case Conferences are held. The MD and DNB students also take classes for students from other disciplines and visiting students.

Exposure Training :

M.D. and D.N.B. students from the Department were posted at the following centres for exposure training as mentioned below :

- The M.D. and D.N.B. students were posted for 2 months at NIMHANS, Bangalore, in two batches from 1st September to 31st October, 2015 and 2nd November to 31st December, 2015 respectively for exposure in Child Psychiatry and Drug De-addiction Centre.
- Two M.D. and two D.N.B. students were posted at Tezpur Medical College and Hospital, Tezpur, from 1st June to 30th July, 2015 for exposure in Internal Medicine and Consultation Liaison Psychiatry.
- Two M.D. and two D.N.B. students were posted at Gauhati Medical College and Hospital, Guwahati, from 2nd July to 2nd September, 2015 for exposure in Neurology Department.

Students from other institutions are provided the opportunity to undergo exposure training in the Institute.

- Fifteen (15) internee doctors from Dr. J.K. Saikia Homoeopathic Medical College and Hospital, Jorhat, came for exposure training from 30th March - 4th April, 2015.
- A total number of thirty seven (37) final year BAMS students from Govt. Ayurvedic College, Guwahati, came for exposure training from 7th to 9th April, 2015.

- Fifteen (15) internee doctors from Dr. J.K. Saikia Homoeopathic Medical College and Hospital, Jorhat, came for exposure training from 12th to 17th October, 2015.
- Twelve (12) students from Assam Homoeopathic Medical College and Hospital, Nagaon, came for 7 days clinical demonstration from 17th to 23rd November, 2015.
- A total number of Twenty Eight (28) students from Swahid Jadav Nath Homoeopathic Medical College and Hospital, Guwahati, came for exposure training from 2nd March-7th March, 2015 and 9th March - 14th March 2015 respectively.
- Nine (9) students from Assam Homoeopathic Medical College and Hospital, Nagaon, came for exposure training from 16th March - 21st March, 2015.

Inspection :

- Dr. Dinesh Kataria, Professor and HoD, Department of Psychiatry, Lady Hardinge Medical College and Hospital, New Delhi, deputed by the Medical Council of India (MCI), conducted inspection for recognizing the MD Psychiatry course at LGBRIMH on 22nd June, 2015 and after his visit the MD Psychiatry course has been recognized by the MCI since the year 2013 when the first batch of students appeared the Final examination.



Dr. Dinesh Kataria as MCI Inspector for recognition of MD Psychiatry course on 22.06.15

External Examinership :

- Dr. K. Pathak, Associate Professor, was the External Examiner for the practical examination of DNB (Psychiatry) examination held from 15th to 16th April 2015 at AFMC, Pune.
- Dr. K. N. Kalita, Associate Professor, was the External Examiner for the practical examination of DNB (Psychiatry) examination held on 26th November 2015 at King George Medical College, Lucknow.
- Dr. K. Pathak, Associate Professor, was the External Examiner for the practical examination of DNB (Psychiatry) examination held on 30th and 31st December 2015 at Institute of Mental Health, Osmania Medical College, Hyderabad.

Research Proposals by Various Faculty Members, Senior Residents and students are as Follows:

- **Protocol title:** - *National Mental Health Survey in Assam.*
Principal Investigator: Dr. K. Pathak, Associate Professor, Dept. of Psychiatry, LGBRIMH
- **Protocol title:** - *Working memory and its correlation with positive and negative symptoms in Schizophrenia.*
Principal Investigator: Dr. Rajiv Ranjan Tiwari, 2nd year MD trainee, Dept. of Psychiatry, LGBRIMH (Thesis Work)
- **Protocol title:** - *Problematic Internet use and its association with impulsivity among college students: A cross-sectional study.*
Principal Investigator: Dr. Anantprakash S. Saraf, 2nd year MD trainee, Dept. of Psychiatry, LGBRIMH (Thesis Work)
- **Protocol title:** - *Metabolic Syndrome and Atypical Antipsychotics: Association with IL-6 and Serum Ferritin*
Principal Investigator: Dr. Vijay Gogoi, Asstt. Prof. Dept. of Psychiatry, LGBRIMH
- **Protocol title:** - *A descriptive study of Health Care Needs in Schizophrenia- Dr. Mithun Biswas, 2nd year MD*
Principal Investigator: Dr. Mithun Biswas, 2nd year MD trainee, Dept. of Psychiatry, LGBRIMH (Thesis Work)

Research Publication, Presentation and Related Activities :

- Dr. Soumik Sengupta, Assistant Professor of Psychiatry, Dr. Dhruba Jyoti Chetia, Assistant Professor of Psychiatry and Dr. A. Baruah, Head, Department of Psychiatry published a paper on "Sleeping beauty syndrome: two cases of Kleine-Levin syndrome" in Open Journal of Psychiatry and Allied Sciences, Vol. 6: 62-4, No. 1, Jan-June 2015
- Dr. Soumik Sengupta, Assistant Professor of Psychiatry, Dr. Hemanta Dutta, Senior Resident of Psychiatry and Dr. Rajiv Ranjan Tiwari, M. D. trainee, published a paper on "Olanzapine Induced Hyperpigmentation: A case report" in International Journal of Pharma Science Review & Research, 31(1), Mar-April 2015, Article No. 34, Pages 172-173.
- Dr. Soumik Sengupta, Assistant Professor of Psychiatry, Dr. Dhruba Jyoti Chetia, Associate Professor of Psychiatry, Dr. Bondona Timungpi, Assistant Professor of Psychiatry, Dr. Subhashish Nath, Assistant Professor of Psychiatry and Dr. Hemanta Dutta, Senior Resident of Psychiatry published a paper on "Olanzapine Induced Stevens-Johnson Syndrome" in Delhi Psychiatry Journal Vol. 18 No. 1 April' 2015, ISSN No. 0971-9571.
- Dr. Soumik Sengupta, Assistant Professor of Psychiatry, published a paper on "Study on post burn injury depression injury in a tertiary care hospital of Assam" in Indian Journal of Basic and Applied Medical Research; Sept. 2015 Vol-4, issue-4, P- 364-376.
- Dr. Soumik Sengupta, Assistant Professor of Psychiatry, published a paper on "Pornography addiction: Should it be considered to include in our future diagnostic system" in Indian Journal of Applied Research; Vol-5, issue-9, Sept. 2015.
- Dr. Aparajeeta Baruah, Professor, Dr. Mithun Dutta, Senior Resident and Dr. Kamal Nath, Senior Resident published a paper on "A Clinical Study of Neurological Soft Signs in patients with Schizophrenia" in Journal of Neurosciences in Rural Practice, 2016 Jul-Sep; 7(3): 393-399.

Seminars/Workshops/ Classes Organized by the Department :

- Dr. Dipu Bhuyan, Associate Professor of Radiology, GMCH, was invited as a guest faculty for classes on Neuroradiology held from 10th to 11th April, 2015.



Dipu Bhuyan delivering lecture on Neuroradiology.

- Professor S. M. Bendre and Dr. Holendro Singh, Assistant Professor, Indian Statistical Institute, Tezpur, were the resource persons in the workshop on “Bio-Statistics” held on 17th and 18th August, 2015.
- Dr. Krishna Borah, Associate Professor, Tezpur Medical College, took classes on Neuro-Radiology in the month of October-November’ 2015.
- MD and M.Sc. Psychiatric Nursing students attended classes on Neurophysiology and Neuroanatomy at Tezpur Medical College in the month of October-November, 2015 and January-February’2016 respectively.

Seminars/Conferences/Workshops Attended Outside the Institute :

- Two M.D. /D.N.B. students attended the 18th Mid-term CME of IPS (Eastern Zonal Branch) at Guwahati on 13th and 14th June 2015.
- Two M.D. /D.N.B. students attended the State CME of IPSASB at Golaghat on 11th July 2015.
- Dr. A. Baruah, HoD, Department of Psychiatry, and three MD/DNB students attended the State Conference of IPS (Assam State Branch) at Guwahati on 21st and 22nd of July 2015.
- Dr. D. J. Chetia, Associate Professor, Department of Psychiatry, was the resource person in the State CME of IPSASB at Golaghat on 11th July 2015. He spoke on Delirium.

- Dr. D. J. Chetia, Associate Professor, Department of Psychiatry, was the resource person in the SUN PG CME held at Kalimpong, West Bengal from 7th to 9th August, 2015. He spoke on “Temperament-an Overview.”
- Two MD/DNB students attended the SUN PG CME held at Kalimpong, West Bengal, from 7th to 9th August, 2015.
- Dr. K. N. Kalita, Associate Professor, Department of Psychiatry, attended a workshop on “Systematic Review” organized by Advanced Centre of Research PGIMER, Chandigarh, in collaboration with ICMR, New Delhi, and NEIGRIHMS, Shillong, from 16th to 18th September, 2015 at Guwahati.
- Dr. K. N. Kalita, Associate Professor, Department of Psychiatry, Dr. D.J. Chetia, Associate Professor, Department of Psychiatry, and four MD/DNB students attended the 41st conference of Indian Psychiatric Society, Eastern Zonal Branch, along with Annual General Body meeting of the Indian Psychiatric Society, Assam State Branch from 8th to 10th October, 2015.
- Dr. K. N. Kalita, Associate Professor, Department of Psychiatry, delivered a radio talk on “The Growing Menace of Substance Use Problems and Suicide Among the Young” on the occasion of World Mental Health Day at Akashvani, Guwahati on 10th October, 2015. He also delivered a guest lecture on the theme “Dignity in Mental Health” in a seminar organized by the NGO Destination on the occasion of World Mental Health Day at Assam Science Centre, Khanapara.
- Dr. K. N. Kalita, Associate Professor, Department of Psychiatry, Dr. D.J. Chetia, Associate Professor, Department of Psychiatry, and two MD students attended the 68th Annual National conference of Indian Psychiatric Society, from 21st to 24th January, 2016 at Bhopal.

Other Important Activities :

Title of the Project : National Mental Health Survey, India 2015.

Supported by : Ministry of Health and Family Welfare, Govt. of India.

Brief Description :

To address the twin issues of estimating the burden of mental health problems in a nationally representative population and identifying current status of human resources and services available for mental health in the country, the Ministry of Health and Family Welfare (MoHFW) identified that undertaking a nationwide representative mental health survey is a priority area. National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru was entrusted with the responsibility to develop the methodology, co-ordinate and implement the National Mental Health Survey (NMHS). A National Technical Advisory Group (N-TAG) was constituted to guide advice and oversee the progress of NMHS. In addition, expert consultations were held with a number of experts on a number of occasions prior to launching of the survey.

A Pilot study was undertaken in the Kolar district, Karnataka, to understand the feasibility of the sampling design proposed, pilot the use of MINI instrument and identify its applicability, test the feasibility of using handheld devices for data collection and also identify logistics including budgetary requirements, manpower and coordination mechanisms for the larger national survey. Based on the lessons learnt during the pilot study and the NTAG recommendations, the present methodology for the conduct of the main study has been developed. The survey was initiated in 12 states of the country. States included were Assam, Manipur, Rajasthan, Gujarat, Chattisgarh, Jharkhand, Madhya Pradesh, Punjab, Uttar Pradesh, Kerala, Tamil Nadu and West Bengal.

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur has been nominated to undertake the survey in the State of Assam.

Expected Outcomes :

1. Prevalence estimate of any mental health problems in the surveyed state and pooled estimates at the national level (as per ICD 10 / DSM IV TR classification).
2. Health care seeking pattern and service utilization among those with any mental health problem / epilepsy.
3. Current level of services and resources for mental health care in the surveyed state.
4. Recommendations to improve mental health services in the country.
5. Availability of data on different aspects of mental health to examine macro and micro issues.

Assam State team Members : LGBRIMH

Principal Investigator : **Dr. Kangkan Pathak**, Associate Professor, Dept. of Psychiatry

Co-Principal Investigator : **Dr. Sonia P Deuri**, Professor and HOD, Dept. of PSW

Co-Investigators : **Dr. Sobhana H**, Associate Professor, Dept of PSW
Dr. Vijay Gogoi, Assistant Professor, Dept of Psychiatry
Dr. Soumik Sengupta, Assistant Professor, Dept of Psychiatry
Dr. Samir Sarma, Senior Resident, Dept of Psychiatry.
Dr. Indrajeet Banerjee, Psychiatric Social Worker,

Date of start : Training start - 3rd August, 2015.
Training end - 26th Sep, 2015
Data collection start - 5th October, 2015

Survey Area : Survey to be conducted in 3 districts of Assam (Dibrugarh, Barpeta, Cachar).
2 (two) Taluka/CDBs in each district is identified by random selection. Within each taluka/CDB, 10 clusters were identified for data collection. In total, data collection will be done in 60 clusters of the state.

Sample size : 3000 population > 18 years old.

Study Tools : The following study instruments will be used to interview individuals in the community :

Socio-demographic form,

Mini International Neuro-psychiatric Inventory (MINI) 6.0 (translated)

Intellectual disability screening,

Epilepsy related questions with a focus on Generalised Tonic Clonic Seizures (GTCS),

Tobacco use questions,

Health seeking and care

Socio-economic impact of identified mental morbidity.

Customized handheld tablets are used for data collection.



Inauguration of the project National Mental Health Survey, India 2015

DEPARTMENT OF PSYCHIATRIC NURSING

Introduction :

The Psychiatric Nursing department was started in the year 1998 for enhancing professional in the field of Psychiatric Nursing. The department is presently running two courses, namely Diploma in Psychiatric Nursing and M.Sc. Nursing (Psychiatric Nursing). Diploma in Psychiatric Nursing is a one year course with intake of 30 trainees deputed from all of the eight North Eastern states. M.Sc. Nursing (Psychiatric Nursing) is a two year full time course with intake of 12 students. The department conducts various clinical, academic and research activities in the Institute as well as outside the Institute.

Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
Head and Associate Professor	Dr. Arunjyoti Baruah	M. Sc. in Psychiatric Nursing (NIMHANS, Bangalore), M. Sc. in Psychology (Gauhati University), M. Phil Nursing (MAHE, Manipal), Ph.D. in Psychiatric Nursing (National Ph.D. consortium by Indian Nursing Council, RGUHS)
Nursing Tutor	Mrs. Nurnahar Ahmed	M. Sc. in Psychiatric Nursing (Gauhati University)
Nursing Tutor	Ms. Pratima Hainary	Post Basic B. Sc. Nursing (CMC, Vellore), DPN (CIP, Ranchi University)
M. Sc. Nursing Staff attached to Academic	Mrs. Biyola Baruah	DPN (Assam Nursing Council), M. Sc. in Psychiatric Nursing (Gauhati University)
M. Sc. Nursing Staff attached to Academic	Mrs. Gita Deka	M. Sc. in Psychiatric Nursing (Gauhati University)
M. Sc. Nursing Staff attached to Academic	Ms. Ch. Padmini Roy	M. Sc. in Psychiatric Nursing (Gauhati University)
M. Sc. Nursing Staff attached to Academic	Mrs. Manjuma Hazarika	M. Sc. in Psychiatric Nursing (Gauhati University)

Academic Activities :

- Final examinations of M.Sc. Nursing (Psychiatric Nursing) 1st and 2nd year and DPN were held from 31st March, 2015 to 11th April, 2015. Dr. M. S. Khanikor, Principal, Regional College of Nursing, Mrs. Kaberi Saikia, Professor, Regional College of Nursing, Guwahati, Mrs. Puspita Chakravorty, Prof. cum Vice Principal, College of Nursing, Silchar Medical College & Mrs. Anuradha Mukherjee, Sr. Lecturer, Govt. College of Nursing Medical College & Hospital, Kolkata were the external examiners for the M.Sc. Nursing (Psychiatric Nursing) examinations. Mrs. Susmita Masih, Associate Professor of Central Institute of Psychiatry, Ranchi was the External Examiner for the DPN examination.
- Admission to the ninth batch of M.Sc. Nursing (Psychiatric Nursing) for the session 2015-17 was completed. A total of 12 candidates were admitted to the course. A new batch of 10 students were admitted under DPN course out of which 2 were in-service candidates of LGBRIMH.
- The results of the final examination of M.Sc. Nursing (Psychiatric Nursing) 1st year and 2nd year were declared in the month of May 2015. A total of twelve (12) and ten (10) number of students appeared in the 1st year and 2nd year final examination respectively. All the students of 1st year and nine (9) students of 2nd year successfully cleared the examination.
- The result of the final examination of DPN was declared in May 2015. A total of six (6) number of students appeared in the examination and all of them were successful in clearing the examination.

External Examinership :

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was an external examiner at NEIGRIHMS, Shillong, for B.Sc. Nursing 3rd year examination held from 16th to 18th April 2015.
- Dr. Arunjyoti Baruah was an external examiner at AIIMS, New Delhi, for examination of M.Sc. Nursing students of College of Nursing, AIIMS, New Delhi, from 21st to 23rd May, 2015.
- Dr. Arunjyoti Baruah was an external examiner at B.Sc. College of Nursing, Dibrugarh, for B.Sc. Nursing 3rd year examination held from 29th June to 1st July 2015.
- Dr. Arunjyoti Baruah was an external examiner at West Bengal, University of Health Sciences, Kolkata, from 29th to 31st July 2015.

Inspection :

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, visited different institutes from 1st to 6th June, 2015 at West Bengal as Indian Nursing Council Inspector.

Exposure Training :

- Twelve (12) number of 1st year M.Sc. Nursing students were posted at GMCH, Guwahati, for 2 weeks in the Neurology and ICU department in 2 batches from 18th November 2015 to 3rd December 2015.
- Twelve (12) number of 2nd year M.Sc. Nursing students have completed their posting at NIMHANS, Bengaluru, for three weeks from 24th July to 20th August, 2015.
- Nine (9) number of DPN students have completed their posting at NIMHANS, Bengaluru, for two weeks from 24th July to 6th August, 2015.
- Twelve (12) number of M.Sc. Nursing 1st year students of the Institute visited Assam Nursing Council, Guwahati on 4th December, 2015.
- Twelve (12) number of M.Sc. Nursing 1st year students of the Institute visited Ashadeep, Guwahati on 14th December, 2015.
- Twelve (12) number of M.Sc. Nursing 2nd year students and seven (7) number of DPN students visited Sanjeevani, Tezpur, on 16th December, 2015.
- Twelve (12) number of M.Sc. Nursing 1st year student and Seven (7) numbers of DPN students visited Tezpur Mahila Samiti, Tezpur, on 9th January, 2016.
- Twelve (12) numbers of M.Sc. Nursing students and seven (7) numbers of DPN students visited DDRC, Tezpur, on 29th February, 2016.

Visiting Students:

Nursing students from various institutions who visited LGBRIMH throughout the year are listed below:

- GNM students from School of Nursing, Dispur Hospital, Guwahati, Assam.
- P.B. B. Sc students from College of Nursing CPMS, Guwahati , Assam.

- P.B. B. Sc students from Asian Institute of Nursing Education, Guwahati, Assam.
- GNM students from School of Nursing Down Town, Guwhati, Assam.
- B.Sc. students from Sankar Madhab College of Nursing, Guwahati, Assam.
- GNM students from CPMS School of Nursing, Guwahati, Assam.
- B.Sc. students from Sankar Madhab College of Nursing, Guwahati, Assam.
- P.B. B.Sc. students from Sankar Madhab College of Nursing, Guwahati, Assam.
- GNM students from Sankar Madhab College of Nursing, Guwahati, Assam.
- GNM students from School of Nursing, Catholic Hospital, Borgang, Assam.
- B. Sc. students from College of Nursing, CPMS, Guwahati, Assam.
- GNM students from School of Nursing, Jorhat Christian Medical Centre, Jorhat, Assam.
- GNM students from GNM Training School, Darrang, Assam.
- B. Sc. students from Regional Nursing College, Guwahati, Assam.
- GNM students from School of Nursing, BCH, Tezpur, Assam.
- GNM students from R.K. Mission School of Nursing, Itanagar, Arunachal Pradesh.
- GNM students from School of Nursing, HTRC, Pasighat, Arunachal Pradesh.
- GNM students from Arunachal Institute of Medical Sciences and Hospital, Naharlagun, Arunachal Pradesh.
- GNM students from Bethesda School of Nursing, Manipur.
- GNM students from School of Nursing, Dr. Norman Tunnel Hospital, Meghalaya.
- GNM students from School of Nursing, Tura, Meghalaya.
- B. Sc. students from College of Nursing, RIPANS, Mizoram.
- GNM students from Christian Institute of Health Science & Research, Dimapur, Nagaland.
- P.B. B.Sc. students from Christian Institute of Health Science & Research, Nagaland.
- P.B. B.Sc. students from College of Nursing, North Bengal Medical College and Hospital, Darjeeling, Sikkim.
- M. Sc. Nursing students from Institute of Nursing Science, Agartala, Tripura.
- M.Sc. students from College of Nursing, Tripura.
- M. Sc. Nursing 1st year students from Govt. College of Nursing Burdwan, West Bengal.
- M. Sc. students from Govt. College of Nursing, West Bengal.

Dissertations :

The first year M.Sc. Nursing (Psychiatric Nursing) students presented their dissertation protocols in the Scientific Review Committee meeting and Ethics Committee meeting held on 30th January, 2016 and 1st February, 2016 respectively. The topics are as follows :

- A pre-experimental study on nursing informatics skills development program among nursing personnel.
- A descriptive study to assess the knowledge regarding health hazard of alcohol use and motivational level among person admitted in DDC of LGBRIMH, Tezpur.
- A descriptive study to assess the awareness of mental illness in selected rural areas of Sonitpur District, Assam.
- A study to assess the subjective well-being and self-esteem following recreational nursing intervention among patient admitted at LGBRIMH, Tezpur.
- Retrospective evidence based assessment of nursing needs in patients with mental illness admitted at LGBRIMH, Tezpur.
- A descriptive study to assess the presence of somatic symptoms and burnout among the nursing personnel.
- Attitude towards treatment in persons with schizophrenia and mood disorders.
- A phenomenological study to explore ethical issues in mental health nursing practice towards developing practice guidelines.
- Medication side effects among patients receiving atypical and typical antipsychotic on inpatient department at LGBRIMH, Tezpur.
- Psychological distress among menopausal women in selected rural community at Tezpur.
- Assessment of selected cognitive functions deficit in patients with schizophrenia.
- Assessment of perceived expressed emotion and social support in persons with schizophrenia.

Clinical Services :

Outdoor & Indoor: Clinical and consultation services at OPD and Indoor are provided from the Department of Psychiatric Nursing. The activities carried out are grouped under the headings like-

Service Setting	Activity	Number
OPD	Group psychoeducation	126
	Individual counselling/psychoeducation	2463
	Family Nursing intervention (counselling/psychoeducation)	1692
	Detailed case assessment/screening	2647
	Admission counselling	77
	Discharge counseling	71
Indoor	ECT Nursing care (pre, during & post)	2763
	Group activity/skill training	477
	Individual counselling	1492
	Pre-discharge counseling /psychoeducation	770
	Special Nursing Care	345
	Activity scheduling/ADL training	87
	Nursing care review	159
	Patient development program	9
Community	Group psychoeducation in community extension clinic	25
	Mental Health Education	313
	Family Nursing Assessment	31

Community Services :

- The students and faculty of the Department of Psychiatric Nursing attended the community extension clinic at Sootea, Jakhlabandha, and Missionaries of Charity, Tezpur. Psychoeducation and health talk were given to the patients and their family members.
- On the occasion of World Mental Health Day observed on 9th October, 2015 by the department, a health talk on "Dignity in Mental Health" was organized at No. 1 Dolabari, Anganwadi centre, Tezpur, Assam.



Observance of World Mental Health Week

- On the occasion of World Alzheimer's Day, an awareness programme was organized at Morabharali Anganwadi Centre, Tezpur, Assam on 21st September, 2015. Dr. P.K. Sarma, Deputy Medical Superintendent, Dr. Kunal Deb, Senior Resident, Mrs. Biyola Baruah, Staff Nurse and Nursing students were the resource person in the programme.



Observance of World Alzheimer's Day

- 1st year and 2nd year M.Sc. Nursing students, DPN students along with faculties conducted community Mental health programme in Dolabari, Tezpur, Assam under Bihaguri PHC from 11th September, 2015 and 4th Nov., 2015. Health education was given to the community.

Seminar/Conference/Workshops :

Organized by the Department :

- Mrs. Sewali Goswami, Senior Lecturer, Govt. College of Teachers Education, Tezpur, was the resource person in the workshop on “Teaching and Learning: Preparing Nurse Teachers” held on 14th August, 2015.



Mrs. Sewali Goswami in the workshop “Teaching and Learning: Preparing Nurse Teachers” on 14.08.15.

- Mr. John Dinesh and Ms. Nganelchong Kipgen, faculty from Baptist Christian Hospital, Tezpur, were the resource persons for the one day workshop on Care for Critically Ill on 19th September 2015.



Mr. John Dinesh and Ms. Nganelchong Kipgen as resource persons for the one day workshop on Care for Critically Ill

- Mrs. Abanti Gopan, Nursing Consultant of Tata Memorial Hospital, Kolkata, West Bengal, took classes on nursing administration and management from 28th to 30th September, 2015.

Mrs. Abanti Gopan on Nursing Administration and Management from 28.09.15- 30.09.15.



- Prof. Pushpita Chakravorty, Vice Principal B.Sc., CON, Silchar, was the resource person in the workshop on “Mental Health Nursing with Child and Adolescents” held on 11th October, 2015.



Prof. Pushpita Chakravorty as a resource person in the workshop on Mental Health Nursing with Child and Adolescents on 11.10.2015.

- Dr. M. S. Khanikor, Principal, RNC, Guwahati, was the resource person in the CNE on Gender Sensitivity and Women Empowerment held on 17th October, 2015.



Dr. M. S. Khanikor on Gender Sensitivity and Women Empowerment on 17.10.15.

- Mrs. Pinaki Bayan, HOD, Nursing, NH Narayana Super Specialty Hospital, Guwahati, was the resource person in the two day workshop on Quality Management in Health Care Organization held on 28th and 29th November 2015.



Mrs. Pinaki Bayan on Quality Management in Health Care Organization on 28th and 29th November 2015.

- Dr. Sailaxmi Gandhi, Associate Professor, Dept. of Psychiatric Nursing, NIMHANS, Bangalore, took classes on research methodology from 21st to 22nd January, 2016.



Dr. Sailaxmi Gandhi on research methodology from 21st to 22nd January, 2016.

- Dr. A. Baruah, HOD, Department of Psychiatry, LGBRIMH, and Dr. Arunjyoti Baruah, HOD, Department of Psychiatric Nursing, were the resource persons in a one day workshop on "Orientation programme for newly recruited staff nurse" held on 1st March, 2016 at Mini Auditorium of Indoor Section of the Institute.



"Orientation programme for newly recruited staff nurse" held on 01.03.16

Attended Outside: Paper presentation/Chaired

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, along with seven 2nd year M.Sc. Nursing students attended the Mid Term CME of IPS Assam State Branch at Golaghat on 11th July, 2015.
- Ms. Nurnahar Ahmed, Assistant Professor (I/C), was the resource person in the awareness camp on "Witch Killing" organized by District Administration of Sonitpur District held at Biswanath Chariali, Sonitpur District, on 22nd July 2015.
Six M.Sc. Nursing 1st year students attended the Annual Conference of IPS Assam State Branch at Guwahati from 21st to 22nd July, 2015.
Eleven 2nd year M.Sc. Nursing students attended the 24th Annual National Conference on the topic "Neurotrauma Nurses" at NIMHANS, Bengaluru from 21st to 23rd August, 2015.
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, Mrs. Nurnahar Ahmed, Nursing Tutor, 12 nursing personnel, and 4 M.Sc. students of the department attended the 37th Biennial conference of TNAI of SNA Assam state branch at Guwahati from 2nd to 4th September, 2015. Dr. Arunjyoti Baruah chaired a scientific session on the theme "Occupational hazard and the role of nurses."
- Three (3) staff nurse and five (5) M.Sc. Nursing 1st year students of the department attended the national conference on "Today's Learners, Tomorrow's Leaders - Transforming Nursing Education" held from 5th to 7th October, 2015 at NEIGRIHMS, Shillong.
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, attended the CEZIPS on "Dignity in mental illness" held from 8th to 10th October, 2015 at Shillong, Meghalaya.
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was the guest faculty for DPN students at CIP, Ranchi, from 3rd to 7th November, 2015.
- Mrs. Biyola Baruah, Staff Nurse, Dept. of Psychiatric Nursing, presented a paper on "A restrospective study to find out the rates of suicidal ideation and attempt among the patient attended OPD for 1st time in the year 2013" in the 3rd Regional Conference on "Critical Care: Bringing Dynamic Changes in Nursing" organized by Sankar Madhab College of Nursing, Panikhaiti, Guwahati, Assam on 19th December, 2015. Mrs. Nurnahar Ahmed, presented a poster on "Assessment of Aggressive Behavior Among the Inpatients of Tertiary Mental Health Care Setting" in the 3rd Regional Conference on "Critical Care: Bringing Dynamic Changes in Nursing" organized by Sankar Madhab College of Nursing, Panikhaiti, Guwahati, Assam, on 19th December, 2015. Eleven (11) nursing personnel including staff nurses and ward sisters of the Institute also attended the conference.

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was invited as a member for Vidyalaya Management Committee for Kendriya Vidyalaya-1, Solmara on 22nd December, 2015 and 27th February, 2016.
Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was the resource person for one day state level workshop on the topic "Nurses as a force in early detection and management of mental illness in the community" organized by ILS Nursing Institute, Agartala on 23rd January, 2016 .
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, chaired two scientific paper sessions during National Annual Conference of ISPN with the theme "Clinical Research in Mental Health Nursing" held at Krishna Institute of Nursing Science, Karad, Maharashtra from 13th to 15th February, 2016. Dr. Arunjyoti Baruah was the resource person for a plenary session on the topic "Evidence based psychiatric nursing". Ms. Pratima Hainary, Nursing Tutor, three ward sisters, three nursing staff and three 2nd year M.Sc. Nursing (Psychiatric Nursing) students also attended the conference. 2nd year M. Sc. Nursing (Psychiatric Nursing) students Ms. Farmin Laila and Ms. Dhanyawati Sonowal presented research paper on the topics "A phenomenological study among family members to identify the factors related to non-adherence in patients with mental illness" and "A outcome research to develop a nursing assessment tool to measure the extra-pyramidal symptoms among patients with antipsychotic medicine" respectively in the Award paper session of the conference.
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was the resource person for a panel discussion on the topic "Transitioning Research Practice" in the 2nd Eastern Zonal Conference of Nursing Research Society of India held at Gauhati Medical College and Hospital Auditorium, Guwahati, on 5th and 6th March, 2016. Three (3) 2nd year M.Sc. Nursing (Psychiatric Nursing) students were also attended the conference. Mrs. Pranati Das, 2nd year M.Sc. Nursing (Psychiatric Nursing) student, presented a paper on the topic "A descriptive study to assess the family having patient with Schizophrenia attending the extension clinic of LGBRIMH, Tezpur, Assam" in the conference. Mrs. Anamita Borah, 2nd year M.Sc. Nursing (Psychiatric Nursing) student presented a paper on the topic "A descriptive study to assess the knowledge of mental health and practice of mental hygiene among the women of selected rural areas of Sonitpur district" in the conference. Mrs. Rinki Ghosh, 2nd year M.Sc. Nursing (Psychiatric Nursing) student presented a paper on the topic "A study to assess the stigma among the primary care givers of persons with Schizophrenia attending OPD of LGBRIMH" in the conference.
- Dr. Arunjyoti Baruah, HoD, Department of Psychiatric Nursing has attended a meeting on development of the draft "Nursing practice Act of India" at the office of Indian Nursing Council, New Delhi on 17th March, 2016.
- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was the resource person for one day workshop on the topic "Making patient care effective" organized by TNAI, Assam State Branch, on 29th March 2016 at Guwahati.

Publications :

- The research paper on “effectiveness of planned training programme on knowledge regarding management of patient with violent behavior among staff nurses of selected hospitals of Sonitpur District, Assam,” by Sandeep Kollipara, Dr. Arunjyoti Baruah and Mrs. Biyola Baruah got published in the International Journal of Advance Research in December 2015.
- Dr. Arunjyoti Baruah and Poonam Sharma published a paper on “Child Abuse Awareness Among Lower Primary School Teachers” in Book School Psychology: Enhancing Psychological Competencies in December 2015.
- The paper on “Effectiveness of specific intervention on treatment adherence of persons with mental illness: A pilot study” by Mrs. Nurnahar Ahmed, Dr. Sailaxmi Gandhi and Dr. Arunjyoti Baruah got published in Indian Journal of Psychiatry.
- Mrs. Nurnahar Ahmed, Dr. Sailaxmi Gandhi and Dr. Arunjyoti Baruah published a paper on “Development of a tool assess the knowledge of mental illness among the family members of mentally ill” in the Open Journal of Psychiatry and Allied Sciences.

Other Activities :

- International Nurses Day was celebrated in the Institute and Dr. Arunjyoti Baruah, Associate Professor cum HoD, Dept. of Psychiatric Nursing, LGBRIMH, unfolded the theme “Nurse: A Force for Change: Care effective: Cost Effective”. Dr. S. K. Deuri, Director, LGBRIMH, Tezpur delivered a speech on the theme. Poster and quiz competitions were organized among the nursing personnel of the institute.
- Dr. Arunjyoti Baruah, Associate Professor cum HoD, Dept. of Psychiatric Nursing and Ms. Pratima Hainary, Nursing Tutor, attended the International Nurses Day celebration at ANM School, Mangaldoi, organized by Trained Nurses Association of India Assam Statre Branch. Dr. Arunjyoti Baruah delivered a speech on the theme focusing on developmental assessment of a child.
- M. Sc. Nursing 2nd year and DPN students organized extempore speech competition among the male and female patients as a part of patient development programme on 26th June, 2015 at Indoor Club. A total of 29 male and 6 female patients participated in the competition and prizes weredistributed among them.
- Dr. Arunjyoti Baruah, Associate Professor cum HoD, Dept. of Psychiatric Nursing, was selected as an Educational Chairperson for TNAI Assam State Branch.
- M. Sc. Nursing 2nd year and DPN students organized recreational activities such as passing ball competition, spoon race, extempore speech competition among the male and female patients as a part of patient development programme at Indoor Club. Male and female patients participated in the competition and prizes are distributed among them.

DEPARTMENT OF PSYCHIATRIC SOCIAL WORK

Introduction :

The department came into being following the Honorable Supreme Court's directives with the dual aim of providing Clinical Social Work Services and training of Psychiatric Social Work manpower. Established in the year 1998 with one faculty, the department has seen a steady growth ever since and it currently has seven members with three faculty and five personnel as clinical teaching supervisors. The department conducts the M. Phil course in Psychiatric Social Work and is in the process of starting PhD program also. The teaching course is affiliated to Gauhati University. It undertakes net-working services and initiatives across the society for the welfare and well-being of persons with mental health problems apart from providing socially oriented clinical services at the Institute. The Department offers consultancy services to both governmental and non-governmental sectors.

Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
Head & Professor	Dr. Sonia Pereira Deuri	MSW (School of Social Work, Mangalore University), M. Phil.(PSW-NIMHANS), Ph. D. (Mizoram University)
Associate Professor I/C	Dr. Sobhana H.	MSW(Rajagiri College – MG University), M Phil, Ph. D (PSW-NIMHANS) , Post-Doctoral Fellowship (University of Florida, USA)
Assistant Professor	Dr. Arif Ali	MSW (AMU-Aligarh), M Phil, (PSW-CIP, Ranchi University) Ph.D (RINPAS-Ranchi University)
Psychiatric Social Worker	Dr. I. Banerjee	MSW (M.G. Kashi Vidyapeeth, Varanashi), M Phil, (PSW-CIP, Ranchi University) Ph.D (M.G. Kashi Vidyapeeth, Varanashi)
Psychiatric Social Worker	Ms. Buli Nag Daimari	MSW (Mizoram University), M Phil, (PSW - NIMHANS)
Psychiatric Social Worker	Ms. Sabana Nasrin Islam	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Marinella Menibeni Humtsoe	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)

Academic Activities :

- The academic year from 2014-15 ended with the Final examination for I and II year M. Phil trainees from 1st-11th of April 2015 under the Gauhati University.
- The entrance examination for the admission of new batch of students was undertaken centrally by the Institute in the month of March 2015. Admission for the new academic session for M. Phil first year students for the session 2015-17 was completed in April. The new batch took admission during the first week of May 2015. Six students took admission for the said year as first year trainees for psychiatric social work.

- A structured clinical posting of students for adult psychiatry exposure was undertaken for a period of one year during the first year. The first years prepared case records based on their clinical work exposure as part fulfillment of clinical requirements. The trainees also undergo academic activities of seminar presentations, case presentations, unit academic presentations and internal examinations during the first year.
- The 2nd year M. Phil trainees were posted for Rural Community Mental Health Service organization at Thelamara, Sonitpur. As part of the exposure to organization of rural mental health services, the trainees undertook house to house survey to assess the mental health needs of the village, conducted school mental health programme, women mental health programme and community awareness activities through street plays and community meetings. They coordinated the treatment of many persons with mental illness from the area.
- The student also undertook their dissertation work during the postings, as per approval of Scientific Review Committee and the Institute Ethics Committee under the supervision of the respective guides.
- The second year students of the department were also posted for specialized exposure training to the department of Psychiatric Social Work in NIMHANS, Bangalore for clinical exposure in the Department of Child and Adolescent Psychiatry, De-addiction Psychiatry and Psychiatric Social Work Neuro Services. An exposure to general hospital psychiatry was provided at the Department of Psychiatry at Guwahati Medical College, Guwahati.
- As part of academic and clinical pursuit, the trainees also underwent family and rehabilitation exposure posting in the Institute under the supervision of faculty members of the department.
- A model exam was conducted in March for the students prior to the final examination.

Inspection and Meetings :

- Inspection from Gauhati University was held on 9th December, 2015 for renewal of affiliation for the M Phil in PSW course. The department has had series of meetings and discussion with the Gauhati University in regard to the starting of the PhD course in Psychiatric Social Work.

Dissertations :

1st year M. Phil trainees presented the research protocol of their proposed dissertations to the Scientific Review Committee and the Institute Ethics Committee. The titles for the studies are as follows:

- Mrs. Ananya Bordoloi is doing a study on Abuse, Depression and Perceived Social Support among Rural Older Adults: A Community Based Study from Tezpur, Assam under Dr. Arif Ali.
- Mr. Elvin Bongte is doing a study on Attitude towards Violence, Ethnic Identity and Psychological well-being among college going youth in Manipur under the guidance of Dr Sonia P Deuri and Ms. Buli N Daimary.
- Ms. Bairbha is doing a study on Facebook addiction and its relationship with personality, self-esteem and psychological distress among college students under Dr. Arif Ali and Dr. I. Banerjee.
- Ms. Lavinia Lyndoh is doing a study on Presumptive stressful life events and perceived social support among persons with major mental disorders under Dr. Sonia P. Deuri and Dr. I. Banerjee.
- Ms. Rupa Paul is doing a study on emotional intelligence, psychological well being and marital quality among wives of persons with mental illness under Dr. Sobhana H and Ms. Buli N Daimary.
- Ms. Veronica Nriame is doing a study on Lived experiences of caregivers of persons with mental disorders: a phenomenological study under Dr. Sobhana H.

Exposure Training :

Students from other institutions conducting Masters Course in Social Work (MSW) were provided exposure training in the Institute. Students from the following institutions underwent block placement training in the department under the supervision of the staff :

- MSW trainees from TISS, Guwahati came for a orientation visit on 09th September, 2015.
- 15 MSW trainees from Tezpur University came for a orientation visit on 10th September, 2015.

- 15 MSW trainees from BOSCO Institute Jorhat came for a orientation visit from 21st September to 17th October, 2015.
- 4 MSW trainees from MSW IGNOU study circle Jorhat came for field placement posting from 20th October to 20th November, 2015.
- 2 MSW trainees from Central University, Karnataka, came for one month Block Placement training from 21st November to 30th November, 2015.
- 1 MSW trainee from Christ University, Bangalore came for field placement training from 04th January to 29th February, 2016.
- 2 MSW trainees from Mizoram University were posted for block placement from 12th January to 12th February, 2016.
- 1 MSW trainee from NEF College, Guwahati were posted for block placement from 20th January to 09th February, 2016.

External Examinership :

- Dr. Sonia P. Deuri, Professor and HOD, was the external examiner for examination of first year M. Phil Psychiatric Social Work for Ranchi University at CIP and RINPAS, Ranchi, conducted during the month of April 2015.

Clinical Services :

- The clinical services at the OPD, Indoor and Community are summarized below for the session 2015-16:

Service Setting	Number of Patients
Individualized Psychosocial Services	1855
Admission Counselling	1498
Discharge Counselling	1489
Family Interventions and Therapy	186
Community Outreach Programme	20
Psychological Care	2132
Promotion of social skill and group work/group activity	154
Individualised community integration effort	1464
Professional Development	38
Liaison with NGO/GO	26
Delivery of Mental Health Promotion	7
Research Activity	62
IEC Activity	308

Seminar/Conference/Workshop/Lecture Programmes :

Workshops Organized by the Department :

- A three day workshop on “Basic Therapeutic Skills” by Dr. Rajaram S., Psychosocial Consultant and Psychiatric Social Work Educator, Bangalore, was organized from 16th to 18th July, 2015.



Dr. Rajaram S. on “Basic Therapeutic Skills” from 16th to 18th July, 2015.

Extra Mural Activities :

World Mental Health Day Celebration :

- World Mental Health Week was celebrated from 6th October to 10th October, 2015. A painting/drawing competition was held for the indoor patients on 6th of October as a part of celebration of the World Mental Health Day. An awareness meeting was organized on the topic ‘Mental Health and Human Rights: In search of context, consequence and effective care’ on 7th of October, 2015 at the indoor on account of the World Mental Health Day celebrations. Mr. Dulumoni Nath, Assistant Professor, Tezpur Law College, Tezpur, Assam spoke on ‘mental health and human rights’ and Ms. Nurnahar Ahmed, Assistant Professor (I/C), Dept. of Psychiatric Nursing spoke on ‘Dignity in Mental Health’.

Observance of World Mental Health Week



Lecture given on the occasion of World Mental Health Day



Ms. Aparna Ajitsaria, Additional District and Session Judge, No. 1, Sonitpur, Tezpur, inaugurated the Rally on the occasion of World Mental Health Day.



Rally passing through the streets of the city



A street play in the midst of the rally

- **World Social Work day was observed on 15.03.2016.** On this occasion, a Seminar on the topic “Ethics in Social Work Practice and Human Rights” was organized. Dr. Kalpana Sarathy, Professor, Social Work, TISS, Guwahati, was invited as the Chief Guest.



Observance of world social work day on 15.03.16

Liaison/Consultancy Activities :

- Dr. Sonia P. Deuri, Professor, Dr. Sobhana H., Associate Professor (I/C), Dr. Arif Ali, Assistant Professor, Dr. V. Gogoi, Assistant Professor of Psychiatry, Mrs. Buli Nag Daimari, Psychiatric Social Worker, Ms. Sabana Islam, Psychiatric Social Worker, Ms. Marienella Humtsoe, Psychiatric Social Worker and Ms. Syeda Shenaz, Clinical Psychologist, were resource persons for the various community awareness programme on Women's mental health, adolescent wellbeing, general mental health and other awareness activities organized by 2nd year M. Phil trainees under Community Mental Health Programme at Thelamara during June 2015.
- Dr. Sonia P. Deuri, Professor, and Dr. Sobhana H. Associate Professor (I/C), visited Help-Aid, NGO, Guwahati to review the patients which were placed there by the department.
- On 3rd December, 2015, on the occasion of International Day of Persons with Disability, a rally was organized by the department in collaboration with Sonitpur Handicapped Association, Atmikha and Sacred Heart Disability Centre. Staff and trainees of LGBRIMH, members of Sacred Heart Disability Centre, Atmikha, Incense Project and Sonitpur Handicapped Association participated in the rally.



Rally passing through the city on the occasion of International Day of Persons with Disability



Interaction with public and creating awareness on issues concerning disability

Research activities :

- Dr. Sonia P. Deuri, Professor, Dr. Sobhana H. Associate Professor (I/C) and Dr. I. Banerjee, Psychiatric Social Worker, were involved in the training programme of the field data collectors of the National Mental Health Survey Assam to be carried out in collaboration with NIMHANS.

Seminars/ Conferences/ Workshops / Meetings Attended :

- Dr. Sonia P. Deuri, Professor, attended a four day meeting and training programme on National Mental Health Survey at NIMHANS, Bangalore, from 6th to 9th April, 2015.
- Dr. Sobhana H., Associate Professor (I/C) and Dr. Arif Ali, Assistant Professor, were resource persons for Teachers Training Programme at Army Public School, Tezpur, on 21st and 22nd May, 2015.
- Dr. Sonia P. Deuri, Professor, delivered a lecture on the topic "Psychiatric Social Work and Mental Health - Prospects for the future" organized by the Department of Psychology, Mount Carmel College, Bangalore, on 12th June, 2015.
- Dr. Sonia P. Deuri, Professor, was an expert member for the faculty recruitment committee at TISS, Guwahati on 10th July, 2015.
- Dr. Sonia P. Deuri, Professor, attended the IPS, Assam State Branch conference at Guwahati from 21st to 22nd July, 2015.

- Five M. Phil trainees attended the Mid Term CME of IPS Assam State Branch at Golaghat on 11th July, 2015.
- Mr. Harikrishnan second year M Phil trainee, presented a paper on 'A comparative study on Internet Addiction, Depression, Anxiety and Stress among Female And Male High School Students ' at the South Asian Conference of Professional Social Workers organized by Christ University and Karnataka Association of Professional Social Worker, Bengaluru, from 27th to 28th August, 2015. It was co-authored by Mr. Bhaskar Nag, Dr. Arif Ali and Dr. Sonia P. Deuri. The conference was attended by Mr. Bhaskar Nag and Mr. Harikrishnan.
- Dr. Arif Ali, Assistant Professor, presented a paper on "Mental Health Status of Tribal Adolescents" at the 3rd Indian Social Work Congress 2015 at Ladnun, Rajasthan from 24th to 26th October 2015.
- Dr. Sonia P. Deuri, Professor, was a resource person for a three-day workshop on "Using Folklore as a Medium for Health Counseling" at the Department of Cultural Studies, Tezpur University on 18th-20th November, 2015.
- Dr. Sonia P. Deuri, Professor, was a resource person for a two day workshop on Psychosocial Problems of Tea Tribe Women at PAJHRA (NGO), on 5th and 6th November 2015.
- Dr. Sonia P. Deuri, Professor, participated in the nation level meeting for preparation of Manual on Mental Health for Social Workers as an Expert Committee member on 26th November and 1st December, 2015 at National Institute of Health and Family Welfare, Munirka, New Delhi.
- Dr. Sonia P. Deuri, Professor, Dr. Sobhana H., Associate Professor (I/C), and four M. Phil P.S.W. trainees participated at the three day meeting and research skills building workshop organized by Fogarty International Centre INDO-US Programme in Non-Communicable Diseases (CNCDS) University of Florida, Gainesville, Florida; NIMHANS, Bangalore; LGBRIMH, Assam; VHAI, Sikkim at Guwahati on 25th , 27th - 28th January, 2016.
- Dr. Sonia P. Deuri, Professor, presented a paper on 'Rehabilitation Initiatives with Special Reference to Chronic Mentally Ill', at LGBRIMH at the Annual Conference of Fogarty International Centre INDO-US Programme at Guwahati on 25th, 27th - 28th January, 2016.
- Dr. Sobhana H, Associate Professor (I/C) presented an update on 'Research Activities in LGBRIMH', Tezpur at the Annual Conference of Fogarty International Centre INDO-US Programme at Guwahati on 25th, 27th - 28th January, 2016.

- Dr. Sonia P. Deuri, Professor, Dr. Sobhana H., Associate Professor (I/C), Ms. Marienella Humtsoe, Psychiatric Social Worker, Ms. Sabana Islam, Psychiatric Social Worker and five M. Phil trainees attended the “XXIV Annual National Conference of Indian Society of Professional Social Work” held at Central University, Rajasthan from 24th to 26th February, 2016. Dr. Sonia P. Deuri, Professor, and Dr. Sobhana H., Associate Professor (I/C), chaired a session each on “Mental Health” on 25th and 26th February, 2016 respectively. The following papers were presented at the conference:
 - Knowledge and Attitude of School Teachers towards Child Mental Health and their Disciplining Practice was presented by Ms. Marienella Humtsoe (presenter) and Dr. Sonia P. Deuri.
 - Psychiatric Social Work intervention in persons with Schizophrenia by Ms. Sabana Islam (presenter) and Dr. Sobhana H.
 - Mental Health Status, Psychological Distress and Life Satisfaction among Female Sex Worker in Shillong by Ms. Iaisuklang (presenter) and Dr. Arif Ali.
 - Personal, Social, Capital and Adherence to medication among persons with Schizophrenia by Ms. Aitaline (presenter), Dr. Sobhana H and Dr. I. Banerjee
 - A study on Attitude, Stigma and Burden of Care Givers of Persons with Schizophrenia by Ms. Panchali (presenter), Dr. Sobhana , Dr. Arif Ali and Dr. Sonia P. Deuri .
 - Need and Disability among persons with Schizophrenia by Ms. Lavinia (Presenter), Ms. Aitalyn, Mr. Hari Krishnan, Dr. Arif Ali, Dr. Sobhana and Dr. Sonia P. Deuri.
- Dr. Sobhana H., Associate Professor (I/C), and Ms. Marienella Humtsoe, Psychiatric Social Worker, were invited as resource persons for the workshop on “Substance and sexual abuse in children and adolescents” organized by the Child Protection Unit, Assam Valley School, Tezpur, Assam, on 10th March, 2016.

Paper Publications :

- Nilufer Karim, Dr. Arif Ali, Dr. Sonia P. Deuri published a paper on “A comparative study of Care burden in schizophrenia and epilepsy: A comparative study” in the Open Journal of Psychiatry and Allied Sciences, 2015;6(2)132-137, ISSN: 2394-2053, (Print) ; 2394-2061 (Online)

- Kwan P, Ali A. Dr., Deuri S.P. Dr. published a study on “Psychiatric morbidity, quality of life, and perceived social support among elderly population: a community-based study” in the Open J Psychiatry Allied Sci. 2016; 7:31-5. doi: 10.5958/2394-2061.2016.00007.0. Epub 2015 Oct 24
- Ms. Buli Nag Daimari published a case-study on “A social casework of paranoid schizophrenia with caregivers burnout and rehabilitation issues” in the International Journal of Multidisciplinary Research Review, Vol-I Issue - 8, Oct - 2015 ISSN: 2395-1877(P), 2395-1885 (C)
- Iaisuklang Goretti Marboh & Dr. Arif Ali, published a case-study on “A Case of Chronic Schizophrenia with Poor Social, Interpersonal and Work Functioning” in the IOSR Journal of Humanities and Social Science (IOSR-JHSS) Volume 21, Issue 2, Ver. III (Feb. 2016) PP 01-06 e-ISSN: 2279-0837, p-ISSN: 2279-0845.
- Ms. Sabana Nasrin Islam, Ms. Buli Nag Daimari, published a case-study on “A case of schizophrenia with high expressed emotion, Caregivers burnout and family dysfunction” in the International Journal of Indian Psychology, Vol 3, Issue-I , Oct-Dec,2015, ISSN 2348-5396 (e), 2349-3429 (P)
- Suman Borah and Dr. Arif Ali, published a case -study on “Person with Alcohol Dependence Syndrome with Poor motivation” in the Int. Res. J. Social Sci., 5(3), 74-79. (2016).
- Mr. B. Surchandra Sharma and Dr. Arif Ali, published a study “Spiritual Intelligence, Self-Esteem and Mental Health Status among the School Going Adolescents” in the Indian Journal of Positive Psychology, Vol 6, No 3 (2015)

Major Achievements :

- The department has been inspected and recognized for starting Ph. D programme in Psychiatric Social Work under the affiliation of Gauhati University in the coming years.
- All the three faculty of the department, namely, Dr Sonia P. Deuri, Dr Sobhana H. and Dr. Arif Ali have been recognized as guides for Ph. D under Gauhati University

DEPARTMENT OF CLINICAL PSYCHOLOGY

Introduction :

The Department of Clinical Psychology was set up in the year 2002 with the objective to introduce academic courses to increase manpower in the field of clinical psychology to provide better psychological interventions to the patients in the country. The M. Phil course in Clinical Psychology was introduced in the 2011-12 session with the affiliation of Gauhati University and Rehabilitation Council of India with intake of four students which was increased to eight from the session 2014-15. The department undertakes teaching programmes for all groups of trainees of the Institute and students coming for exposure posting from other institutions and universities.

The services of the department are currently focused on psycho-diagnostic psychotherapy, counseling, child guidance, remedial education for children with special needs, parental counseling, teaching, research, rural community programme and urban school mental health programmes.

Faculty and Clinical Supervisory Personnel:

Post	Name	Qualification
Associate Professor	Dr. (Ms.) Maitreyee Dutta	M. A. (Gauhati University), M. Phil (CIP, Ranchi University), Ph. D. (RINPAS, Ranchi University)
Assistant Professor	Dr. Priya Saxena	M.A. (Delhi University), M. Phil, Ph. D (NIMHANS)
Assistant Professor	Dr. Diptarup Chowdhury	M.A. (Delhi University), M. Phil, Ph. D (NIMHANS)
Clinical Psychologist	Mr. Ranjan Kumar	M.A. (VBU, H. Bag), PGDGC (NCERT), M. Phil (RINPAS, Ranchi University)
Clinical Psychologist	Mr. B. Surchandra Sharma	M.A., M. Phil (RIMS, Manipur University)
Clinical Psychologist	Mr. Priyadarshee Abhishek	M.A. (Ranchi University), M. Phil (CIP, Ranchi University)
Clinical Psychologist	Mr. Deepshri Phukan	M.A. (Gauhati University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist (Till)	Ms. Syeda Shahnaz	M.A. (Gauhati University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist	Ms. Pranami Barua	M.Sc. (Bangalore University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist	Ms. Gayatri Borah	M.A. (Gauhati University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist	Ms. Kangkana Bhuyan	M.A. (Delhi University), M. Phil (NIMHANS)

Academic Activities :

- Final examination for I and II year M. Phil trainees was conducted from 2nd to 10th April, 2015.
- 5th batch of eight students joined 1st year M. Phil course for the session 2015-17.
- First Internal examination of M. Phil in Clinical Psychology (First and Second Year) was conducted from 23rd to 28th July, 2015.
- Second Internal examination of M. Phil in Clinical Psychology (First Year and Second Year) was conducted from 30th November to 7th December, 2015.
- Model examination of M. Phil in Clinical Psychology (First Year and Second Year) was conducted from 7th to 16th February, 2016.

Exposure Training :

Students from other institutions are provided the opportunity to undergo exposure training in the Institute. Students from the following institutions underwent block placement training in the department :

- Students from Department of Clinical Psychology, Dr. B.K.B. College, Nagaon on 18th April 2015.
- Students from Department of Psychology, Gauhati University, from 23rd April to 7th May, 2015.
- Students from Department of Psychology, Nagaland University, from 1st to 12th November, 2015.
- Students from Department of Psychology, Sikkim Central University, from 16th December, 2015 to 16th January, 2016.
- Students from Department of Psychology, Dibrugarh University visited the institute in two groups from 15th to 20th February 2016 and 22nd to 27th February, 2016 respectively.
- Students from BKB College, Nagaon, on 24th March, 2016.

Dissertation :

The dissertation titles of First year M. Phil trainees are as follows :

- Bullying and moral reasoning in early adolescence: An exploratory study.
- Emotional regulation, illness perception and psychological distress in the spouses of patients with schizophrenia: A gender study.
- Rejection sensitivity and impulsivity in patients with alcohol dependence syndrome.
- Attention and working memory in children with history on epilepsy.
- A study on work stress, perceived organizational climate, coping and quality of life of the subordinate Police personnel in Tezpur, Assam.
- Executive functions in patients suffering from schizophrenia with and without a history of violence.
- Efficacy of executive functions - based cognitive remediation in patients with schizophrenia.
- Emotional regulation strategies and academic performance in school students.

External Examinership :

- Dr. Maitreyee Dutta, HOD, Department of Clinical Psychology, was an external examiner at Dibrugarh University, Dibrugarh, for M. A. in Applied Psychology course held on 22nd and 23rd June 2015.

Inspection :

- Dr. Maitrayee Dutta, HOD, Department of Clinical Psychology, visited RIMS, Imphal, as Inspector for renewal of affiliation of M. Phil in Clinical Psychology course on 25th and 26th May, 2015.

Clinical Activities :

Types of Assessment	Number of cases
IQ Test	716
Psychodiagnostic	478
Personality Assessment	157
Neuropsychological Assessment	167
Rating Scale	171

Therapeutic Works :

Types of Assessment	Number of cases
Individual Psychotherapy	1163
Counseling/Psychoeducation	273

Consultative/Community Service :

- Two (2) Clinical Psychologists of the department have been regularly offering their services on 12th and 27th of every month at District Disability Rehabilitation Centre, Tezpur.
- The department conducted IQ assessment camp with collaboration of Sarba Siksha Abhijan, Udalguri from 17th to 21st August, 2015.

Seminar/Conference/Workshop/Lectures :

Organized by the Department :

- The three-day workshop titled "In-Service Training and Sensitization Workshop for Paramedical & Allied Professionals" was organized by the Department in collaboration with Rehabilitation Council of India at Hotel Centre Point, Tezpur, from 2nd to 4th November, 2015. Dr. Tilak Bhattacharya, Dist. Nodal Officer, NPCCD, Sonitpur, Ms. Diba Nahin, Director- Training, Shishu Sarothi, Guwahati, Dr. Sunita Seshadri, Assistant Director, National Institute of Public Cooperation & Child Development, Guwahati, Mr. Rajeev Bharadwaj, Composite Regional Centre, Guwahati, Mr. G.K. Rahang, Deputy Director, Dept. of Labour & Employment, Sonitpur and Dr. K.N. Kalita, Associate Professor, Dept. of Psychiatry, LGBRIMH, Tezpur were the resource persons in the programme.



Workshop "In-Service Training and Sensitization Workshop for Paramedical & Allied Professionals" from 2nd to 4th November, 2015

- Dr. Mashroor Jahan, Additional Professor, RINPAS, Ranchi, was invited as a guest faculty for lectures on Neuropsychology and Statistics from 23rd to 25th December, 2015.



Dr. Mashroor Jahan delivering lecture on Neuropsychology.

- Dr. H. Singh, Assistant Professor, Indian Statistical Institute, Tezpur was invited as a guest faculty for lecture on Statistics and Research Methodology from February to March, 2016
- The three-day workshop “In-Service Training and Sensitization Programme for Primary School Teachers” was organized by the Department in collaboration with EOPWD under Ministry of Social Justice and Empowerment, Govt. of India at Hotel Centre Point, Tezpur from 10th to 12th March 2016. Dr. K. Tamuli, Assistant Professor of Psychiatry, LGBRIMH, Mr. Binay Baishya, Speech and Hearing Assistant, DDRC, Tezpur, Mr. Ranjan Kumar, Clinical Psychologist, LGBRIMH, Mr. Deepshri Phukan, Clinical Psychologist, LGBRIMH, Mr. B. Surchandra Sharma, Clinical Psychologist, LGBRIMH, Ms. Gayatri Borah, Clinical Psychologist, LGBRIMH, Ms. Buli Nag Doimari, Psychiatric Social Worker, LGBRIMH, Dr. K.N. Kalita, Associate Professor, Dept. of Psychiatry, LGBRIMH, Tezpur, Ms. Aditi Baruah, Rehabilitation Professional, Guwahati, Mr. Rajeev Bharadwaj, Composite Regional Centre, Guwahati, Mr. P. Abhishek, Clinical Psychologist, LGBRIMH, Ms. Kangkana Bhuyan, Clinical Psychologist, LGBRIMH, Ms. Pranami Baruah, Clinical Psychologist, LGBRIMH, Dr. Kangkan Pathak, Associate Professor of Psychiatry, LGBRIMH, Ms. Diba Nahin, Director- Training, Shishu Sarothi, Guwahati, Dr. Maitreyee Dutta, HOD, Dept. of Clinical Psychology, LGBRIMH, Dr. Priya Saxena, Assistant Professor of Clinical Psychology, LGBRIMH and Dr. Diptarup Chowdhury, Assistant Professor of Clinical Psychology, LGBRIMH, were the resource persons in the programme.



Workshop of "In-Service Training and Sensitization programme for primary school teachers" from 10th to 12th March, 2016

Attended Outside :

- Miss Sayeda Shahnaz, Clinical Psychologist, attended an awareness programme on the topic "Mental Illness" at Bapuji Bhawan, Thelamara, Sonitpur on 25th June, 2015.
- Mr. Ranjan Kumar and Miss Pranami Baruah, Clinical Psychologists, were the resource persons in the workshop titled "Skill Based Workshop for Counselors on Psychological Assessment of Child and Adolescent" held at Don Bosco Institute, Guwahati, on 19th and 20th September, 2015.
- Mr. Ranjan Kumar, Clinical Psychologist, participated as a psychology expert in Teacher/Principal Selection Board at Army Public School, Solmara, Tezpur, on 28th September, 2015
- Mr. Ranjan Kumar, Mr. B Surchandra Sharma, Mr. P Abhishek and Mr. Deepshri Phukan, Clinical Psychologists attended one day workshop on the use of Statistical Tools in Biomedical Research on 21st January, 2016.

- Mr. B. Surchandra Sharma, Mr. Deepshri Phukan and Ms. Kangkana Bhuyan, Clinical Psychologists and four M. Phil trainees attended the Indian Association of Clinical Psychologist (IACP) conference at Imphal held from 25th to 27th February, 2016. Mr. B. Surchandra Sharma, and Ms. Kangkana Bhuyan presented research papers on “A Study of Attitude towards School, Conflict, violence and Mental health status among School going Adolescent: A gender Comparison” and “Body esteem and psychological functioning in young adults ” respectively at the conference.
- Mr. Ranjan Kumar and Ms. Pranami Baruah, Clinical Psychologists, attended the Juvenile Justice Board on 15th February, 2016 at Tezpur JJB.
- Dr. Diptarup Chowdhury, Assistant Professor, Clinical Psychology, was an expert member for an interview of Teacher at Army School, Tezpur, on 22nd and 23rd February, 2016.

DEPARTMENT OF PATHOLOGY AND MICROBIOLOGY

Introduction :

Laboratory services are an integral part of hospital setting. With this objective, the Department of Pathology and Microbiology was started in the year 1998. Pathological and microbiological investigations of the Institute are undertaken through this department. The department is equipped with modern diagnostic facilities for patient care services and research activities for the medical students and faculties.

Faculty and Clinical Supervisory Personnel :

Designation	Name	Qualification
HOD & Associate Professor	Dr. Anil Ch. Sarmah	M.D. Pathology (AMCH, Dibrugarh University)
Assistant Professor	Dr. Jyoti Hazarika	M.D. Microbiology (GMCH, Gauhati University), P.G.D.H.H.M. (I.G.N.O.U.), P.G.C.P.M. (I.G.N.O.U.), C.C.D.M., C.C.E.B.D.M., C.C.M.D.T., Certificate course in E.C.G. (Medvarsity, Apollo).
Senior Resident	Dr. Jayanta Das	M.D. Pathology (SMCH, SSUHS)
Senior Resident	Dr. Tarulata Saikia	M.D. Microbiology (GMCH, SSUHS)
Senior Resident	Dr. Rupamjit Borah	D.C.P. Pathology (AMCH, SSUHS)

Academic Activities :

The Department has been conducting classes and seminars on review of cellular division; mutation and law of inheritance; human genome; basic concepts of genes, chromosomes, DNA; approaches to common genetic disorders; immunity; infection; principles of asepsis, sterilization and disinfection; diagnostic tests in Microbiology and related nurses' responsibility; standard safety measures and biomedical waste management; meaning of genetics and heredity; Mendelian laws of inheritance; genetic counselling; nurses' role in genetic counseling and ethical issues in genetic testing. Besides these activities, all of the faculty and staff members attended the workshops, CMEs, conferences organized by different departments of the Institute.

Investigation Facilities :

- Clinical Pathology
- Haematology
- Microbiology
- HIV Counselling and Testing (FICTC)

Patient Care Services :

Various diagnostic services are provided to the Indoor and Outdoor patients. A total of 55,770 investigations were done under the Dept. of Pathology and Microbiology. These include investigations like Routine Blood Examination, Urine Examination, Stool examination, Culture and Sensitivity test for urine, pus, sputum etc. Sputum for AFB, Malaria diagnosis, HIV 1 and 2 under FICTC centre, serological test like HBsAg, RPR, Widal test, S. Typhi etc.; Thyroid function test, Hormonal assay etc. are some of the areas of investigation.

Ongoing Projects :

DBT Sponsored Project

For development and up-gradation of the Departments of Pathology, Biochemistry and Microbiology at LGBRIMH, Tezpur (Assam), the Institute has been running DBT (Department of Biotechnology, Ministry of Science and Technology, Govt. of India) sponsored projects from 2010 onwards.

Title of the project : "Development and Upgradation of Pathology, Microbiology and Biochemistry Departments at LGBRIMH, Tezpur(Assam)."

Objectives : The main objectives of the project are :

1. Enhancement of diagnostic facilities for the service users.
2. Enhancement of training facilities for the postgraduate students of the institute and the students posted on tenure basis from outside the institute.
3. Encouragement of research activities in related fields.

The two research projects carried out under DBT projects are -

- a. Prevalence and correlates of sexual dysfunction in patients with schizophrenia receiving antipsychotics: A clinical study.
- b. A comparative study on thyroid profile in patients with unipolar and bipolar depression.

The list of existing laboratory equipment is given below :

- ➔ General Laboratory Centrifuge
- ➔ Refrigerated Centrifuge
- ➔ Hot air oven
- ➔ Incubator
- ➔ Autoclave
- ➔ Digital binocular microscope (LEICA)
- ➔ Microscope (Monocular and Binocular)
- ➔ Binocular compound microscope (Olympus, Japan CX31)
- ➔ Digital colony counter
- ➔ VDRL Shaker
- ➔ Digital pH meter
- ➔ Refrigerator
- ➔ Laminar Flow
- ➔ Electrical sterilizer
- ➔ Water bath
- ➔ Clinical laboratory urine analyser etc.
- ➔ Multi parameter immunology analyzer - TOSOH AIA-360.
- ➔ Fully Automated Haematology Analyser- COUNCELL-23 Plus.

- ➔ QBC System.
- ➔ Double Beam Spectrophotometer.
- ➔ Digital Microscope- CX-21Tr (Olympus) with Prog Res CT-5.
- ➔ ELISA System.
- ➔ Deep Freezer (-40°) C.
- ➔ Incubator Shaker
- ➔ Water Purification System.
- ➔ Air purifier system
- ➔ Yorco precision Rotary Microtome (YSI-115)
- ➔ Yorco Tissue Floation Bath(YSI-133)

Seminar/Conference/Workshop :

Organized by the department :

- One day workshop on “Use of Statistical Tools in Biomedical Research” was organized by the Department in collaboration with the Department of Biotechnology, Government of India at Hotel Centre Point, Tezpur, 21st January, 2016. Dr. P. K. Mohapatra, Scientist-F, R.M.R.C., Dibrugarh, Dr. B. J. Borkakoty, Scientist D, R.M.R.C., Dibrugarh, and Mrs. K. Bora, Scientist-B, R.M.R.C., Dibrugarh, were the resource persons in the programme. A total of 74 participants from different organizations attended the programme.



Workshop on “Use of Statistical Tools in Biomedical Research” on 21st January, 2016

Attended Outside :

- Dr. J. Hazarika, Assistant Professor of Microbiology attended a CME on 'Anti Microbial Susceptibility Testing: Challenges and Way Forward" organized by Department of Microbiology, Gauhati Medical College and Indian Association of Medical Microbiologists, Guwahati Chapter on 2nd of May 2015, at the Lecture Hall of GMCH Auditorium Complex.
- Dr. J. K. Das, Senior Resident, Pathology and Dr. T. Saikia, Senior Resident, Microbiology completed IA & QMS Training Programme, at Down Town Hospital, Guwahati, from 8th to 11th July 2015.
- Dr. J. Hazarika, Assistant Professor of Microbiology, Dr T. Saikia, Senior Resident, Microbiology attended the XXIV Annual Conference of the Indian Virological Society (IVS) -VIROCON 2015 on the theme, "Transboundary Viral Diseases Under One Health: Perspectives & Challenges" from 8th to 10th October, 2015 under the banner of the Indian Virological Society held at North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS), Shillong, both presented a paper on the topic 'Prevalence of HIV Infections among Psychiatric Patients in a regional institute of mental health in Assam".
- Dr J. Hazarika, Assistant Professor of Microbiology, Dr J. K. Das, Senior Resident, Pathology, Dr T. Saikia, Senior Resident, Microbiology, Dr. R. Borah, Senior Resident, Microbiology attended the XXV Conference of the Association of Physicians of India (APICON), Assam Chapter, held at Tezpur from 12th to 13th December, 2015.

Paper Publications :

- The article titled "Principles of Antibiotic therapy and Rational Antibiotic Prescribing" by Dr J. Hazarika, Assistant Professor of Microbiology, got published in "the rhythm" Volume: X, No.: I 2016, an official publication of the Tezpur Branch of Indian Medical Association.
- The article titled " Aggression as an independent entity even in psychosis-the role of inflammatory cytokines" co-authored by Dr J. Hazarika, Assistant Professor of Microbiology, got published in Journal of Neuroimmunology, ISSN: 0165-5728, Volume 292, 15 March 2016, Pages 45-51.

- The research article titled "Microbial Profile and Antibiotic Resistance Pattern of the Bacterial Isolates In A Tertiary Care Psychiatry Hospital" by Dr J. Hazarika, Assistant Professor of Microbiology, got published in Journal of Evidence based Medicine and Healthcare; ISSN - 2349-2562, Volume 2, Issue 47, November 12, 2015; Page: 8317-8321
- The research article titled " Nitrofurantoin Susceptibility Pattern in Urinary Isolates of E.coli in a Tertiary Care Hospital in North East India " by Dr J. Hazarika, Assistant Professor of Microbiology, got published in Indian Journal of Applied Research (IJAR), ISSN 2249-55X, Volume : V, Issue : IX, September - 2015
- The research article titled "A study on Medical Laboratory Waste Management in a Psychiatric Hospital of North East India" by Dr J. Hazarika, Assistant Professor of Microbiology, got published in International Journal of Advanced Research, ISSN 2320-5407,Volume 3,Issue 7.1563-1566 July 2015.
- The research article titled "Epstein -Barr Virus VCA- IgG Antibodies in Nasopharyngeal Carcinoma patient and Control group-A laboratory based study " by Dr J. Hazarika, Assistant Professor of Microbiology, got published in International Journal of Advanced Research, ISSN 2320-5407,Volume 3,Issue 7. 435-441 July 2015.
- The article titled "Old Age and Health" by Dr J. Hazarika, Assistant Professor of Microbiology, got published in "the rhythm" Volume:IX, No.: I 2015 an official publication of the Tezpur Branch of Indian Medical Association.

DEPARTMENT OF BIOCHEMISTRY

Introduction :

The department of Biochemistry was set up in the year 1999 with the goal to achieve overall quality in teaching and patient care services. Since its inception, the Department has been functioning under the Central Laboratory. Besides diagnostic and research activities, the Department also undertakes teaching activities for the trainees of the Institute.

Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
I/C Central Laboratory and HOD, Dept. of Pathology	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh University)
Senior Resident	Dr. Jadab Kishore Phukan	MD (AMCH, SSUHS)

Academic Activities :

This includes teaching programmes, seminars, case presentations and demonstration classes. Regular classes on basis of genetic diagnosis; parental diagnosis and screening; ethical issues in genetic testing; practical applications of genetics, structure and functions of cells, cells of nervous system, neuro transmitter, hormone, biochemistry of brain, Medical and population genetics etc. have been undertaken by the department.

Seminar/Conference/Workshop :

Organized by the department / Attended Outside :

- A one day CME on the topic "Nutrition and Cognition function" was organized by the Department on 12th January 2016. Dr. Kailash Bhattacharjee, HOD, Department of Biochemistry, A.M.C.H., Dibrugarh, was the resource person.



CME on "Nutrition and Cognition function" on 12th January 2016

- Dr. J. K. Phukan, Senior Resident participated in the one day workshop on the "Use of Statistical Tools in Biomedical Research" organized by D.B.T. Project, L. G.B.R.I.M.H., Tezpur, sponsored by DBT, Govt. of India, on 21st January, 2016.
- Dr. J. K. Phukan, Senior Resident, attended the XXVth Conference of the Association of Physician of India (APICON), Assam Chapter, held at Tezpur, Assam from 12th- 13th December, 2015.

OPD Attendance :

- The research paper titled "A comparative study of serum fasting lipid profile in hypertensive and normotensive women in 3rd trimester of pregnancy" by Dr. J. K. Phukan, Senior Resident, Biochemistry, Dr. R. Bhowal, Demonstrator, Department of Biochemistry, Silchar Medical College and Hospital, Silchar and Dr. K. Bhattacharyya, Professor cum HoD, Department of Biochemistry, Assam Medical College and Hospital, Dibrugarh, got published in International Journal of Health Sciences and Research 2016 March issue; volume 6(3): Pg.151-56.
- The research paper titled "A comparative study of serum magnesium and serum inorganic phosphate concentration in hypertensive and normotensive women in 3rd trimester of pregnancy" by Dr. R. Bhowal, Demonstrator, Department of Biochemistry Silchar Medical College and Hospital, Silchar, Dr. J. K. Phukan, Senior Resident, Biochemistry, and Dr. K. Bhattacharyya, Professor cum HoD, Department of Biochemistry, Assam Medical College and Hospital, Dibrugarh, got published in International Journal of Health Research & Medico-legal Practice. (Accepted on February 2016 to publish in January 2017 at 3(1) issue)

Patient Care Services :

Various biochemistry investigations that are done in the department include Blood glucose test, Kidney function test, Liver function test, Lipid profile, Serum electrolyte estimation, Drug estimation, etc. During the session under report, a total of 1,45,119 test parameters were done.

The list of existing laboratory equipment is given below :

- Fully automated clinical chemistry analyzer (SIEMENS, Dimension X-pand Plus)
- Electrolyte analyser
- Semi-auto analyzer BTR 830
- ERMA colorimeter etc.

DEPARTMENT OF NEUROLOGY

Introduction :

The Department of Neurology is an integral part of any tertiary care psychiatric set-up. However, as the faculty positions in the department are lying vacant, the Department is yet to start formally. The neurology classes are currently managed through visiting faculty members from reputed institutions/medical colleges across the country.

Currently, clinical activity of the Department includes routine Electroencephalography (EEG) investigations. It is jointly managed by the Departments of Psychiatry and Radiology and Neuro-imaging.

Patient Care Services :

A total of 316 EEG investigations were done during the 2015-16 session.

Available equipment in the department is -

- Neurovision (NV 3200) Digital 32 channel video EEG system.

DEPARTMENT OF RADIOLOGY AND NEURO-IMAGING

Introduction :

The Department of Radiology and Neuro-Imaging was started in the year 1998 as a specialized department to meet the clinical needs in diagnostic imaging and image-guided therapies of the Institute. In the academic sphere, the departmental staff works closely with other departments of the Institute. The objective is to combine the academic needs and laboratory services. Students are provided the opportunity of attending lecture and demonstration sessions. The department consists of one Consultant Radiologist, one Radiographer and one X-Ray Technician.

Faculty and Clinical Supervisory Personnel :

Designation	Name	Qualification
I/C Central Laboratory and HOD, Dept. of Pathology	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh University)
Consultant Radiologist	Dr. Pradip Barman	MD (AMCH, Dibrugarh University)

Patient Care Services :

A total of 2984 investigations were undertaken during the period under report. They are as follows :

Ultra-sonography- 45

X-Ray - 1369

CT scan - 1570

The list of existing equipment under the department of Radiology and Neuro-Imaging is given below:

600 mA X-ray unit

Colour Doppler ultrasound

Brilliance 16 slices CT Scan

OUTPATIENT DEPARTMENT

Introduction :

The OPD accommodates the multidisciplinary team of psychiatrists, clinical psychologists, psychiatric social workers and psychiatric nurses. It also houses the pharmacy, medical record department, a nursing station, laboratory sample collection centre and a canteen. There are five special clinics - Epilepsy & Neurology (Monday), Geriatric (Tuesday), Child & Adolescent (Wednesday and Saturday), Alcohol and Drug Dependence (Thursday) and Psychosomatic Clinic (Friday). The special clinics are held once a week.

The Mental Health Act, 1987 is followed during the admission procedure of a patient. All available treatment facilities are provided free of cost.



Inside OPD Section

OPD Attendance :

A total of 108835 visits of patients were registered in the OPD from April 2015 to March 2016 which includes 18819 new cases and 90016 old cases. Total new male cases were 9535 and new female cases were 9284, while visits by old male cases were 49386 and by old female cases were 40630 during the period.

Annual OPD Attendance :

There has been a significant increase in the number of patients seeking mental health treatment from the Institute which is reflected in the rise in the annual OPD registration of patients during the past years. In 2006, there were only 40,228 patients, including both male and female, visiting the OPD. The total OPD attendance in the year 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014 and 2015 were 47,668, 58,917, 62,362, 68,375, 74,268, 79350, 95020, 104121 and 108835 respectively and indicate a steady increase in the number of patients seeking mental health services.

OPD attendance from various States during 2015-16 :

Since its inception, the Institute has been catering to needs of patients from all over the country. The state of Assam has recorded the highest number of patients with 106985 during the session, followed by Arunachal Pradesh and West Bengal with 585 and 519 patients respectively. There were 279 patients from Nagaland, 108 from Bihar, 61 patients from Meghalaya, 61 from Manipur, 0 from Mizoram, 7 from Sikkim and 37 from Tripura. 72 patients from Nepal and 1 patient from Bangladesh also received treatment.

Annual OPD attendance in 2014-15 and 2015-16.

Arunachal Pradesh	469	585
Assam	102450	106985
Manipur	75	61
Meghalaya	75	61
Mizoram	1	0
Nagaland	245	279
Sikkim	5	7
Tripura	17	37
Other States	685	747
Other Countries	99	73
Total	104121	108835

INDOOR DEPARTMENT

Introduction :

The total bed strength of the hospital is 336 beds out of which 246 beds are for male and 90 beds are for female. Out of the total beds, 21 beds (15 male, 6 female) are reserved for psychiatric patients sent from the various Jails.

The patients are looked after by a team of mental health professionals, residents, nurses, warders and attenders. The patients admitted in the hospital gets regular patient care services including free medication and check-up, hygienic and nutritious diet, laundered clothes, recreation facilities and other basic amenities. A mini-operation theatre along with ECT facility is also functioning in the Indoor campus.

Hygienic food is served to the patients. All the admitted patients are provided with a modern hospital bed, mattress and laundered uniforms. Saloon services are also made available in the Indoor.

The Indoor has provision of visiting room for the guardians and relatives to meet their respective patients. Counselling services are provided to the guardians during their visits and at the time of discharge of the patient.

Admission and Discharge during April 2015 - March 2016

The Institute follows the Mental Health Act, 1987 for admission of patients in the indoor. The patients are admitted in the following categories i.e. Voluntary Boarder, Special Circumstances, Reception Order and Jail Case.

A total of 1812 patients were admitted during the current session i. e. April 2015 to March 2016, which included 1229 new cases and 583 old cases. Among the new cases, 937 were male patients and 292 were female patients. Among the old cases 458, were male patients and 125 were female patients. A total of 1852 number of patients were discharged during the current session among which 1256 were new cases and 596 old cases. Among the new cases, 954 were male patients and 302 were female patients. Among the old cases, 460 were male patients and 136 were female patients.

Annual Admission and Discharge The admission and discharge rate during the last few years has been satisfactory. The table below shows the admission and discharge of patients during the last 2 years.

Annual Admission and Discharge in 2014-15 and 2015-16

Year	Admission			Discharge		
	Male	Female	Total	Male	Female	Total
2014-15	1378	447	1825	1386	439	1825
2015-16	1395	417	1812	1414	438	1852

Average Bed Occupancy :

In the current session, the daily average bed occupancy was 266.61, while it was 261 in the 2014-15 session.

Escape & Death Cases :

No incident of escape and death was recorded during the current session i. e. April 2015 to March 2016.

Annual State-Wise Admission During April 2015 - March 2016 :

During the session 2015-16, there were 1812 admissions against 1825 in the previous session. Among these 1395 were male patients and 417 were female patients. Out of the total admissions, 1589 patients were from Assam, 84 from Arunachal Pradesh, 56 from Nagaland, 5 from Meghalaya and 2 from Tripura. Apart from these, 8 patients from Nepal were also admitted.

Patients from all over the Northeast region and other parts of the country have been accessing the services of the Institute. Patients from Nepal have also sought treatment at the hospital. The table given below shows the number of patients admitted in the Indoor from Northeast and other parts of the country :

State-wise Admission in 2014-15 and 2015-16

State	2014-15	2015-16
Arunachal Pradesh	67	84
Assam	1636	1589
Manipur	8	11
Meghalaya	6	5
Mizoram	0	0
Nagaland	45	56
Sikkim	0	0
Tripura	3	2
Other States	50	57
Other Countries	10	8
Total	1825	1812

Recreational Centre :

The indoor section of the Institute has a recreational hall along with a stage and a mini library. In the centre, patients watch television, enjoy music and read newspapers and magazines. Patients regularly play carom board, volley ball etc.

SUPPORTIVE SERVICES

CENTRAL LIBRARY

The library plays a central role in enhancing the quality of academic and research environment. The Central Library was started in 1999 to meet the scholastic needs of students and faculty. It is an essential asset for the Institute. It caters to the academic desiderata of the faculties as well as students. Specialized collections of books and journals are available in Psychiatry, Clinical Psychology, Psychiatric Nursing, Psychiatric Social Work and allied health disciplines. The collection includes nearly 24002 books, 72 educational DVDs and a range of reference and office rule books. It subscribes 64 print journals, 22 online journals. The library also has access to e-journals.

The library is well protected by CCTV monitoring system.

The following services are available for the benefit of students, faculties and employees of the Institute, who are entitled to make use of the library facilities :

- Circulation Service
- Reference Service
- Access of scholarly literature: journals, online journals, back volume journals, books, thesis / dissertation
- Photocopy and printing service
- Access to high speed Internet connectivity / Wi-Fi system in reading room.

In addition to the Central Library, there is also one library in the indoor section of the Institute, which is well equipped with daily newspapers and other books in the local language.



View of the Central Library

MEDICAL RECORD DEPARTMENT :

In the year 1998, the Medical Record Department (MRD) was established for the management and maintenance of medical records in the hospital in a standardized manner to protect patient confidentiality in the Out-Patient Department (OPD) of the Institute. It is one of the primary supportive departments of the Institute. At present, the Department has a Medical Record Officer, a Medical Record Technician and a team of assistants for smooth running of the department. It has computerized record keeping system for maintenance of inpatient records as well as out-patient records and for retrieval of records for patient care and research study. The department functions in co-ordination with the academic and other departments of the Institute. The department deals with medico legal records and provides information to the institutional authority whenever required.

PHARMACY :

Pharmacy services of the Institute are located both in Out-Patient Department and Indoor. The Central Medical Store located at the Indoor acts as the central pharmacy for the inpatients and out-patients. The Central Medical Store deals with proposal creation for the procurement of all medical items, maintenance of stock registers, etc. The Pharmacy located at Out-Patient Department dispenses medicines to all OPD patients as prescribed by the doctors and maintains daily dispensing register of drugs in accordance with the distribution. Medicines are given to the patients free of cost from the hospital. The current staff position includes a Senior Pharmacist and a Pharmacist.

The Pharmacy also caters to the emergency services and arranges free medicines for community extension clinics and other outreach services.

ANAESTHESIOLOGY UNIT :

Since its inception in 2003 in the Indoor section after the introduction of the computerized Electro-Convulsive Therapy, the Anesthesiology Unit has been serving as a supporting unit of Psychiatry. The Unit provides ECT to patients under the supervision of psychiatrists. Modified ECT was introduced in 2004. The ECT is administered to patients after informed consent from the guardian of patients. The Anesthesiology Unit supports the Psychiatry Department for accomplishing the task of providing ECT to indoor patients on a regular basis on all working days. The patients are identified by Psychiatrists for ECT, whose information is then passed over to the Anesthesiology Unit. On the day of ECT, a pre-ECT check up is carried out, followed by a post ECT check up in the recovery room. After confirmation of medical fitness of the patient, he/she is escorted to the respective pavilions.

During the period under report, a total of 2850 Modified ECT sessions were administered out of which 1980 and 879 sessions were provided to male patients and female patients respectively.

In addition to the patient care services, the department also undertakes theory classes and demonstration sessions to the post graduate and diploma students of the Institute. Besides, it also caters to the visiting medical students and professionals from other academic institutions.

Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
I/C, Department of Anesthesia	Dr. K. N. Kalita	MD (Gauhati University), PGDHHM (IGNOU), CRM (IIPH, Gandhinagar)
Consultant Anesthesiologist	Dr. A. Koiry	MBBS (Dibrugarh University), DA (Dibrugarh University).

ENGINEERING CELL :

The Engineering Cell is responsible for construction and maintenance works which include buildings, roads, electrification as well as repairing works in the Institute. The current staff position includes one Project Engineer, one Junior Engineer (Civil), one Junior Engineer (Electrical), Plumber, Electricians and other Auxiliary Staff.

Infrastructure Development :

The up-gradation project for development of infrastructure facilities of the Institute is going on. The institute has engaged HSCC (India) Ltd. (A Govt. of India Enterprise), E-6 (A-Sector-1, Noida), as consultant for undertaking construction work at LGBRIMH. The consultant agency divided the construction work in three packages. Package - I consists of construction of the main hospital building and outpatient department with all modern facilities. Package -II involves construction of academic block, residential quarters, junior residential hostel, Senior residential hostel, cafeteria building, Director Residence, electric substation, STP, Incinerator and other external services in the hospital campus. Package - III involves construction of Auditorium and Nurses Hostel. It is supervised by a Building Committee.





Infrastructure Development Work

ESTABLISHMENT SECTION :

The Establishment section looks after the personnel service matters of all officials and staff ranging from joining to retirement. In addition to it, the section carries out ministry related correspondence, court related work etc. The current staff position includes one Administrative Officer and other supporting staff.

PUBLICATION CELL :

The full fledged Information and Publication Section was introduced in the year 2007 to facilitate information flow within and outside the organization and to undertake liaison and publication works in the sphere of mental health. Since its inception, the Section has been publishing the annual reports, booklets, information brochures, educational materials, publicity pamphlets, etc. Annual Reports are published in both English and Hindi languages. The Section is also engaged in the documentation and photography works of the Institute. It maintains the website of the Institute and provides all updates concerning the Institute. The current staff position includes a Publication Officer and a Publication Assistant.

The Cell collects and prepares answers to the parliamentary questions including Lok Sabha and Rajya Sabha questions as desired by the Ministry. The Cell also coordinates the functions related to the Result Framework Documents (RFD) and Right to Information Act (RTI) of the Institute.

NAZARAT SECTION :

Procurement of all items of the Institute including medicine, dietary, hygiene, stationary and computer items are done through this section. In addition to it, this branch also looks after the maintenance of vehicle. The section is headed by I/c Nazarat and supported by other subordinate staff.

ACCOUNT AND FINANCE SECTION :

The Accounts and Finance Section is engaged in providing the services pertaining to Finance and maintenance of accounts of the Institute. The main functions of the department comprise of preparation of yearly budget, submission of annual audited report of expenditure to ministry and other finance-related works of the Institute. The current staff position includes one Chief Finance and Accounts Officer and one Accounts Officer supported by other subordinate staff.

- Mr. J.K. Sarma, Chief Finance and Accounts Officer, LGBRIMH, is also working as a Financial Advisor of North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences, Shillong, from 7th May, 2012.

CAFETERIA :

For recreation purpose, a cafeteria is set up in the OPD complex. In addition to it, another canteen, equipped with modern amenities, is located in front of the hospital gate for providing healthy and hygienic services to indoor patients, visitors and staff. Snacks as well as fast food items are available in the cafeteria in the OPD as well as the one located in front of the hospital gate.

DIETETICS :

This service is available for inpatients and is aimed at promoting health and aid in the management of illness. Balanced diet is provided to the patients. In addition to the meal, they are also provided fruits and other necessary dietary supplements.

HOSTEL :

Hostel accommodation is provided in separate buildings for male and female students. At present there are 4 hostels accommodating 60 students. Out of the 4 hostels, 3 are for female students and 1 is for male students respectively.

The administration comprises of 2 Hostel Superintendents, 3 Hostel Wardens and Mess Monitors. There is also a hostel management committee entrusted with the responsibility of discipline and maintenance in the hostels.

Each of the hostels has telephone and television with cable connection. The students can relax themselves by involving in games such as Table Tennis and Badminton. The hostels hold annual event including sports activities.

The hostels have certain rules and regulations including anti-ragging rules that apply to all the boarders for maintenance of discipline and good conduct.

COMPUTER FACILITIES :

Computers have become the most vital and essential part of day-to-day functioning. All staff rooms are equipped with sufficient computers to help staff carry out their day-to-day tasks. Internet facility is provided throughout the campus using LAN and wireless LAN connections. The Institute is connected to highspeed NKN. A technician extends his help for immediate troubleshooting of computers. All the computer facilities in the Institute are provided under the supervision of Medical Record Officer (MRO).

PUBLIC GRIEVANCE :

The Institute has implemented the Sevottam model that has been developed with the objective of improving the quality of public service delivery in the country. The model comprises of three components. The first component requires effective charter implementation, the second requires adequate grievance redress system, and the third requires excellence in service delivery.

The Citizen's Charter is a written declaration by a Government department that highlights the standards of service which it delivers. The Institute has its own charter that enables users to know what services are available in the Institute, the quality of services they are entitled to and the means through which complaints regarding denial or poor quality of services will be redressed. The Institute has its own grievance redress system. All verbal grievances are managed at the spot of the delivery of care. In the OPD, the MRO and in the Indoor, the Matron resolves the issue in consultation with the in charges. Every grievance is duly acknowledged with proper grievance number and expected time of redress. The complaints should be accompanied with proper name and address of the aggrieved person. If the matter is not resolved then it is referred to the Medical Superintendent who tries to resolve it within 30 days of referral. The Director is the next appellate authority if the grievance is not resolved. A public task force and a steering committee exist at the apex level at the Ministry of Health & Family Welfare, Govt. of India, New Delhi, for implementation of the Sevottam complaint Grievances Redressal Mechanism. The Institute publishes the Results-Framework Document for every year. The document not only contains the agreed objectives, policies, programs and projects but also targets to measure progress in implementing them. The Institute also provides responses to RTI applications regularly. The Institute is optimistic that accomplishment of these tasks will lead to the achievement of Sevottam.

STORE :

The store maintains everything required for the full functioning of the Institute. It provides uninterrupted services to the various user departments. It has different sections, viz. - medicines, stationary, dietetics, hygiene, electrical section and condemned materials. The store is in the process of being computerized to facilitate enhanced services.

EMERGENCY SERVICES :

The Institute provides medical services, geared to meet any emergency, from 2 p.m. to 9 a.m. The patients in need of acute care and without prior appointment are given adequate treatment without delay.

LINEN AND LAUNDRY :

Linen and laundry service is available in the Institute to ensure supply of good, clean and fresh linen to patients and prevent cross infections between patients. To maintain health and hygiene of the patients, the uniforms of the patients and the bed linen are washed daily. Currently the Institute relies on manual labor for the washing purpose, but plans are being made to use commercial mechanized laundry machines in the future.

SANITATION :

Sanitation can lead a long way towards mitigating hospital infection and as such the Institute has special requirements for it. The incineration method is employed for disposal of hospital waste. The Institute attempts to create a totally germ-free atmosphere. Disinfection of urinals and bathrooms are done on a regular basis under the supervision of sanitary supervisor.

SECURITY :

Keeping in view of the variety of people who make up the hospital environment - patients, staff, physicians, visitors, students and so on - hospital security poses a significant challenge. As such security guards are placed at key areas to check on unauthorized entry and prevent unforeseen incidents. To provide a safer environment, the security guards keep a track of all the visitors to the Institute.

LITIGATIONS :

The Institute handles administration and patients-related litigations. The Institute has a legal adviser who furnishes advice on all legal issues and addresses the same. Psychiatrists of this Institute are also assisting the court of law as expert witness as and when summoned.

WASTE DISPOSAL :

Bio-medical waste (BMW) means “any solid, fluid or liquid waste, including its container and any intermediate product, which is generated during its diagnosis, treatment or immunization of human beings or animals, in research pertaining thereto, or in the production or testing of biological and the animal waste from slaughter houses or any other like establishments”. The waste produced in the course of health care activities carries a higher potential for infection and injury than any other type of waste. About 85% of hospital wastes are non-hazardous, whereas 10% are infectious and 5% are non-infectious but they are included in hazardous wastes. Management, handling and treatment of biomedical waste in our Institute are done as per bio-medical waste rules, 1998. The capacity of Incinerator used for waste disposal is 10-12 kg/hr.

LEGAL AID CLINIC :

The Legal Aid Clinic is located in the Family Therapy Block of the Institute. It is an initiation done by the Institute in collaboration with the Legal Aid Services Authority, Assam, to provide legal relief, easily accessible to the mentally ill persons of the society. The setting up of the clinic facilitates the underprivileged group in exercising their rights as per the law of the land.

REHABILITATION SERVICES

Introduction :

Rehabilitation services are organized by the Centre for Rehabilitation Sciences. It has been an initiation by the Department of Psychiatric Social Work since 2004. Inpatients/Outpatients of LGBRIMH are the beneficiaries of the Rehabilitation services provided by the Institute. It has four units namely, the Occupational/Vocational Therapy Unit, Special Education Unit, Wellness centre and Physiotherapy Unit. With the starting of Yoga and Gym Services, the centre has added a new unit as a Wellness Centre.

Faculty and Clinical Personnel :

Post	Name
I/C Centre for Rehabilitation Sciences / Head & Associate Professor , DPSW	Dr. Sonia Pereira Deuri
Rehabilitation Officer / Assistant Professor , DPSW	Dr. Arif Ali
Physiotherapist	Mr. Utpal Borah
Occupational Therapist	Ms. Shyamolee Borah
Instructor for Special Education	Mrs. Eli Deuri

The rehabilitation services of the Institute currently comprises of occupational therapy unit, physiotherapy unit, special education (for the person with intellectual challenge) unit and wellness center unit. Each of them is summarized below :-

Occupational Therapy :

Occupational therapy includes tailoring and embroidery, weaving, tailoring, knitting and stitching, art & craft, wood & bamboo work, gardening, envelop making and literary activities. Clinical rehabilitation includes the following services - rehabilitation needs assessment and counseling, vocational counseling, psycho-education, behavioral intervention, supportive, self-oriented interventions and group interaction sessions. Four exhibitions of products of Rehabilitation Center were organized by the Center. A total of 256 patients was benefitted under this unit by way of gaining skills in socially productive work.

Special Education :

This Unit is engaged in facilitating various activities for the persons with intellectual challenges, which includes ADL skill ,communication /language skill, social behavior skill , functional academic skills ,pre vocational /vocational training. A total of 110 people who are intellectually disabled were benefitted under this unit.

Physiotherapy :

This unit was established keeping in view the need of the patients and outsiders with loco motor disabilities. Services of this unit include Pediatric rehabilitation, Neurological rehabilitation, Musculo-skeletal and Orthopedic rehabilitation, Pain management and Weight reduction programme. In the current session, a total of 1230 patients were benefitted under this unit.

Wellness centre :

Wellness centre was established with the objective to promote positive health in an individual and to enhance quality of life and sense of well being .The wellness center has three sections :

1. Yoga training programme
2. Cardiovascular training programme
3. Endurance training programme

A total of 739 individuals were benefitted from these services.



Rehabilitation Centre



Gym and Exhibition cum Sale of products of Rehabilitation Centre

Attended Outside :

Mr. Piku Chakrabarty (Gym Instructor) participated at Senior National Game of National Power Lifting Championship held from 26th to 28th June, 2015 at Maharashtra. He represented Assam and secured third position.

OUTREACH EXTENSION SERVICE

Introduction

Community outreach extension service in mental health is one of the major trust areas of the Institute. The objective of this service is to shift mental health services from the hospital to the community. Mental health experts move to the rural areas to provide these services. Medicines and psychosocial services are provided free of cost. It is primarily meant for the underprivileged and vulnerable segments of the society who have limited access to mental health services. All the departments of the Institute collaborate to conduct the clinics regularly. Teams of personnel from Psychiatry, Psychiatric Social Work, and Psychiatric Nursing Department including supporting staff form the team. The ongoing regular outreach services are -

1. **Sootea Extension Clinic** : Psychiatric extension service at Sootea PHC was started in 2007 as part of the NMHP research project. It is located at a distance of 60 Km away from the Institute. This clinic is held regularly on the second Thursday of every month. Attached to this centre are also four Self-Help Groups of care-givers in three villages of the Sootea Block. This community service has also accommodated another service on the fourth Thursday of every month to cater to the patients of an extension service earlier held at Biswanath Chariali Civil Hospital from the year 2001 to 2011. Due to inadequate space availability, the service was shifted to Sootea P.H.C.
2. **Jakhalabanda Extension Clinic** : The extension clinic at the Community Health Centre (CHC), Jakhalabanda, Nagaon, was started on 19th February, 2011. It is about 40 Km away from the Institute. The clinic is scheduled on third Saturday of each month.
3. **Missionary of Charity Extension Clinic** : This service was started in 2007 at the Missionary of Charity, Tezpur, about 4 Km away from the Institute. It is scheduled on the first Wednesday of every month. Residents of the Missionary of Charity in need of services for mental illness and epilepsy are the chief beneficiaries of the clinic.

Summary of patients attending different outreach clinic of the Institute

Outreach Clinics	No. of Registrations
Sootea Outreach Clinic	5235
Jakhalabanda Outreach Clinic	856
Missionary of Charity Outreach Clinic	575

SPECIAL FUNCTIONARIES

Ethics Committee

The Ethics Committee was formed with the objective of facilitating patient care, research and education for faculty and students. The committee was formed in accordance with the rules and regulations of the Indian Council of Medical Research that mandates clearance of all proposals on biomedical research involving human participants by an appropriately constituted Institutional Ethics Committee (IEC). The Committee provides advice to the researchers on welfare and safety aspects of the research participants following assurance of scientific soundness of the research through the Scientific Review Committee.

Power and functioning of the Ethics Committee :

1. To protect the dignity, rights and well being of patient and research participant.
2. To ensure universal ethical values and International Scientific Standard in terms of local community values and customs.
3. To assist in the development and education of a research community, which will be responsive to local health care requirements.

Scientific Review Committee

The Scientific Review Committee of LGBRIMH has been constituted from the various academic departments of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology for smooth functioning of patient care services, academic and research related activities. The thesis protocols of all P.G. students and all the research related works of Academic Departments are screened by this Committee to ensure protection of human rights of all participants as per International Scientific Standards.

Right to Information Act 2005 :

The Right to Information Act 2005 mandates timely response to citizen requests for government information. To implement this Act at the Institute, the Authority nominated the Appellate Authority, Public Information Officer and Assistant Public Information Officer to reply the information desired by different appellate.

The following table shows the number of RTI application received and replied during the session :

Sl. No.	No. of RTI Application	Reply	Transfer
1.	34	34	2

Parliamentary Questions :

Parliamentary Questions are one of the important procedural devices that empower Members of the Parliament to elicit factual information from the Government on a matter of public interest. As an Institute under the Govt. of India, Ministry of Health and Family Welfare, the Institute submits the answer of parliamentary questions asked by the members of Lok Sabha and Rajya Sabha as forwarded by the Ministry. We receive the Parliamentary questions which are categorized as Starred, Unstarred and Short Notice Questions. In the session April 2015 to March 2016, the Institute provided answers to a total of 34 Lok Sabha and Rajya Sabha Questions to the Ministry as desired.

EVENTS AND FESTIVALS

The Independence Day and Republic Day are regularly organised in the Indoor campus. The national flag is hoisted on both these occasions. The staff, students and recovering patients participate in the national anthem. Indoor and outdoor games are organized during such occasions. Both patients and staff take part in the various competitions followed by prize distribution ceremony.

Religious and cultural celebrations like Bihu, Durga Puja, Christmas, Id and Saraswati Puja are observed as part of recreation activities in the Indoor. Patients are encouraged to take part in the rituals. Sweets and fruits are distributed to all patients on such occasions to create the festive mood. All celebrations are planned keeping in mind the motive of providing the patients a home away from home.



Observation of International Yoga Day



The Director addressing the audience on the occasion of Republic Day.



Observance of Durga Puja in Institute premise



Observation of Communal Harmony Campaign Week
from 19th to 25th November, 2015



Staff taking pledge on the occasion of Constitution day observed on 26.11.15

DISTINGUISHED VISITORS



Mr. K. C. Samaria, Joint Secretary, Ministry of Health and Family Welfare, visited the institute on 24.06.2015



Mr. Oma Nand, Deputy Secretary, Ministry of Health and Family Welfare, visited the institute on 28.12.2015



Mr. M. K. Kalita, District and Session Judge, Sonitpur Tezpur and Ms. Aparna Ajitsaria, Additional District and Session Judge, No. 1, Sonitpur, Tezpur visited the institute on 28.03.2016

ANNEXURE I**Specialty wise break up of students on rolls as on 31.3.2016.****Psychiatry:**

MD = 2

DNB = -

M. Phil PSW:

First Year = 6

Second Year = 5

M. Phil Clinical Psychology:

First Year = 8

Second Year = 8

Psychiatric Nursing:

M. Sc. First Year = 12

M. Sc. Second Year = 12

DPN = 10

Number of students who passed the various examinations during the year 2015-16 specialty wise:-**Psychiatric Nursing: (passed in 2015, G U Examinations)**

M. Sc. First Year = 12

M. Sc. Second Year = 10

DPN = 6

M. Phil PSW: (passed in 2015, G U Examinations)

First Year = 5

Second Year = 3

M. Phil Clinical Psychology: (passed in 2015, G U Examinations)

First Year = 8

Second Year = 8

Psychiatry:

DNB = 4

MD = 1

ANNEXURE II

Sl. No.	Guest lecturers / resource persons	Department	Period of Visit
1.	Dr. Dipu Bhuyan, Associate Professor of Radiology, GMCH	Psychiatry	10 th to 11 th April, 2015
2.	Professor S. M. Bendre and Dr. Holendro Singh , Assistant Professor, Indian Statistical Institute, Tezpur	Psychiatry	17 th and 18 th August, 2015
3.	Dr. Krishna Borah Associate Professor, Tezpur Medical College	Psychiatry	October-November, 2015
4.	Mrs. Sewali Goswami, Senior Faculty, Education Department, Govt. B.Ed. College, Tezpur	Psychiatric Nursing	14 th August, 2015
5.	Mr. John Dinesh and Ms. Nganelchong Kipgen, faculty from Baptist Christian Hospital, Tezpur	Psychiatric Nursing	19 th September 2015
6.	Mrs. Abanti Gopan, Nursing Consultant, Tata Memorial Hospital, Kolkata, West Bengal	Psychiatric Nursing	28 th to 30 th September, 2015.
7.	Mr. John Dinesh and Ms. Nganelchong Kipgen, faculty from Baptist Christian Hospital, Tezpur	Psychiatric Nursing	19 th September 2015
8.	Prof. Pushpita Chakravorty, Vice Principal B.Sc., CON, Silchar	Psychiatric Nursing	11 th October, 2015
9.	Dr. M. S. Khanikor, Principal, RNC, Guwahati	Psychiatric Nursing	17 th October, 2015
10.	Mrs. Pinaki Bayan, HOD, Nursing, NH Narayana Super Specialty Hospital, Guwahati	Psychiatric Nursing	28 th and 29 th November 2015
11.	Dr. Sailaxmi Gandhi, Associate Professor, NIMHANS, Bangalore	Psychiatric Nursing	21 st to 22 nd January, 2016
12.	Dr. Rajaram S., Psychosocial Consultant & Psychiatric Social Work Educator, Bangalore	Psychiatric Social Work	16 th to 18 th July 2015
13.	Dr. Mashroor Jahan, Additional Professor, RINPAS, Ranchi	Clinical Psychology	23 rd to 25 th December 2015
14.	Dr. H. Singh, Assistant Professor, Indian Statistical Institute, Tezpur	Clinical Psychology	February to March 2016
15.	Dr. Kailash Bhattacharjee, HOD, Department of Biochemistry, AMCH, Dibrugarh	Department of Biochemistry	12 th January 2016



Auditor's Report





INDEPENDENT AUDITOR'S REPORT

To
The Director
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur, Assam

Report on the Financial Statements

We have audited the accompanying financial statements of **M/s Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam** which comprise the Balance Sheet as at March 31, 2016 and the Statement of Income and Expenditure Account and Receipts and Payments Accounts for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Institute in accordance with accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with the standards on auditing issued by the Institute of Chartered Accountants of India. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedure to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion and to the best of our information and according to the explanations given to us, the financial statements read with notes on accounts give the information required by the Act in the manner so required and give a true and fair view, subject to



notes on accounts, in conformity with the accounting principles generally accepted in India :

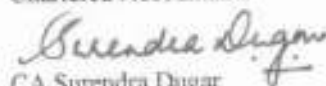
- (a) in the case of the Balance Sheet, of the State of affairs of the Institute as at March 31, 2016 ;
- (b) in the case of the Statement of Income and Expenditure, of the Excess of Expenditure over Income for the year ended on that date.
- (c) in the case of the Statement of Receipts and Payments Account, of the Receipts and Payments for the year ended on that date.

Report on Other Legal and Regulatory Requirements

I. We report that :

- i) We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit;
- ii) In our opinion, proper books of accounts as required by law have been kept by the Institute so far as appears from my examination of those books;
- iii) The Balance Sheet and the Statement of Income and Expenditure and Receipts and Payments account dealt with by this report are in agreement with the books of account;

For, Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner
MRN: 063571
FRN: 325846E



Place of Signature : Tezpur
Date : 31st August 2016

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Balance Sheet as at 31st March 2016

Sources of Funds	Schedule	Current Year	Previous Year
Corpus/ Capital Fund	1	1,853,866,253	1,786,003,300
Reserves and Surplus	2	-	-
Earmarked/ Endowment Funds	3	36,505,847	36,505,847
Secured Loan and Borrowing	4	-	-
Unsecured Loan and Borrowing	5	-	-
Deferred Credit Liabilities	6	-	-
Current Liabilities and Provisions	7	6,647,270	6,810,800
		1,897,019,370	1,829,319,947
Application of Funds			
Fixed Assets	8	1,575,960,466	1,422,720,779
Investment from Earmarked/ Endowment Funds	9	-	-
Investment - Others	10	-	-
Current Assets, Loans and Advances	11	321,058,904	406,599,168
Miscellaneous Expenditure		-	-
		1,897,019,370	1,829,319,947
Significant Accounting Policies	24		
Contingent Liabilities and Notes on Accounts	25		

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants


CA. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health



Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Income and Expenditure Account for the year ended 31st March 2016

INCOME	Schedule	Current year	Previous year
Income from sales/service etc	12	80,820	104,447
Grants/subsidies	13	222,223,635	230,000,000
Fees/subscription	14	802,700	932,688
Income from investment	15	28,198,399	12,508,584
Income from royalty, publication	16	-	-
Interest earned	17	3,901,509	15,662,682
Other income	18	319,084	291,938
Increase/decrease in stock	19	(337,951)	729,330
Total(A)		255,188,196	260,229,669
EXPENDITURE			
Establishment expenses	20	171,652,929	167,506,300
Other administrative expenses etc.	21	69,732,027	54,320,272
Expenditure on grants, Subsidies etc.	22	3,618,662	2,515,749
Interest	23	-	-
Depreciation	8	30,620,357	41,921,173
Damage of machinery		-	-
Total(B)		275,623,975	266,263,494
Balance being excess of income over expenditure		(20,435,779)	(6,033,825)
Transfer to special reserve (specify each)		-	-
Transfer to from General Reserve		-	-
Balance being surplus/deficit carried forward to CORPUS /CAPITAL FUND		(20,435,779)	(6,033,825)
Significant accounting policies	24		
Contingent liabilities and notes on accounts	25		

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
CA. Surendra Dugar

Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management

LGB Regional Institute of Mental Health

[Signature]

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Consolidated Receipts and Payments Account for the year ended 31st March 2016

Receipts		Ann	Current Year	Previous Year	Payments	Ann	Current Year	Previous Year
Opening Balance					Establishment Expenses	VIII	171,896,994	167,868,503
a) Cash in hand			-	427	Office Expenses	IX	15,549,623	12,894,747
b) Cash at hand					Administrative Expenses	X	34,400,995	20,001,790
Savings Account		I	77,755,510	267,895,470	Hospital Expenses	XI	19,021,905	20,251,012
c) Term Deposits		II	287,076,795	187,042,552	Academic Expenses	XII	1,319,501	1,480,652
Interest Earned					Payment from Fees A/c 2733	XIII	121,142	411,411
On Saving account		III	3,862,789	15,662,682	Payment from Rehabilitation A/c 4797	XIV	491,857	19,735
On Term Deposit		IV	28,198,399	12,508,584	Payment from A/c 6000	XV	1,652,451	1,034,689
Grants/ Subsidies Received		V	322,223,635	660,000,000	Payment from A/c 6666	XVI	1,378,212	1,049,914
Receipts from Rehabilitation Council of India		V(a)	471,350		Fixed Assets Purchased	XVII	195,602,253	547,103,891
Other Income					Advances / Liability Paid	XVIII	1,721,829	10,214,000
A/c 2733			805,700	904,248	Other Payment	XIX	513,129	-
A/c 1172			79,898	104,437	Other Rehabilitation Workshop Expenses	XIX (a)	471,350	-
A/c 1158			721,707	727,359	Closing Balance		-	-
A/c 914010029238412			-	28,440	a) Cash in hand		-	-
Other Receipts of non-revenue in nature					b) Cash at hand		-	-
Security Deposits			485,934	1,257,808	Savings Account	XX	164,469,606	77,755,510
Earnest Money Deposit			-	782,560	a) Term Deposits	XXI	152,170,331	287,076,795
Others			39,099,461	248,082				
			760,781,178	1,147,162,649			760,781,178	1,147,162,649

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
C.A. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E



For and on behalf of the management
LGIS Regional Institute of Mental Health

[Signature]
Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2016

	<u>Current Year</u>	<u>Previous Year</u>
<i>Schedule 1: Corpus/ Capital Fund</i>		
Balance at the beginning of the year	1,786,003,300	1,362,037,125
Add: Contribution towards corpus/ capital fund	100,000,000	430,000,000
Add/deduct balance of net income/expenditure transferred	(20,435,779)	(6,033,825)
Deduct: Assets written off	(11,701,268)	-
	<u>1,853,866,253</u>	<u>1,786,003,300</u>
<i>Schedule 3: Earmarked/ Endowment Funds</i>		
Balance at the beginning of the year	36,505,847	36,505,847
Earmarked/ Endowment fund	-	-
Interest on Investment	-	-
Transfer from Earmarked/ Endowment fund	-	-
	<u>36,505,847</u>	<u>36,505,847</u>
<i>Schedule 7: Current Liabilities</i>		
1. Acceptances		
2. Sundry Creditors		
a) Others outstanding liabilities		
3. Advances Received/Security deposits/		
Others		
Security Deposit (HSCC)	4,750,347	4,270,475
Security Deposit (A/C 6666)	807,959	807,959
Caution Deposit (A/C No 2733)	164,929	164,929
Security Deposit(Library)	5,000	2,000
Security Deposit (Rehabilitation)	-	-
	111,722	105,660
4. Interest accrued but not due on		
a) Secured loans/borrowings		
b) Unsecured loans/borrowings		
5. Statutory Liabilities		
a) VAT		
b) Receive from LIC (GSLI)		
c) Excess Deposit against bill no 106A,47,860,47		
d) LIP		
e) NPS		
f) GPF		
g) Contractors liability		
h) Earnest money (SB A/C No 1158)		
i) Earnest money (SB A/C No 1172)		
6. Others current Liabilities		
	-	952
	22,190	-
	-	1,461
	-	650
	69,115	-
	-	-
	96,632	96,632
	618,610	1,359,316
	300	300
	466	466
	<u>6,647,270</u>	<u>6,810,800</u>



ASSETS & LIABILITIES

Sl. No.	Particulars	Amount	Rate	Acquisition/Depreciation				Closing BHE	Closing BHE as on 31/03/2016
				Month/Date of acquisition	Original Amt.	Accumulated Depreciation	Net Value		
A. Fixed Assets									
1	3. Office Machine	9,13,000	1%	1,15,250	1,10,663	2,43,913	6,01,888	2,27,791	
2	2. Type Machine	66,906	1%	51,003	2,183	2,47,168	15,520	15,843	
3	3. Xerox/Agro/Scanner	3,40,044	1%	2,49,048	9,004	1,96,320	1,41,291	63,924	
4	4. Vehicle	33,76,004	1%	14,63,274	2,86,624	27,29,328	24,96,188	9,33,882	
5	5. Furniture & Fixtures	1,47,16,178	10%	7,95,000	11,84,472	86,69,032	1,09,44,506	3,12,61,018	
6	6. Office Equipment	872,887	1%	47,29,173	7,44,530	30,15,801	86,47,871	44,24,066	
7	7. Computer Peripherals	56,48,304	60%	40,62,000	1,49,634	36,43,033	9,37,334	6,99,343	
8	8. Library Books	10,71,01,201	100%	10,71,01,201	1,33,05,709	17,44,07,000	-	-	
9	9. Medical Equipment	8,39,430	100%	8,39,430	41,718	8,02,912	3,36,918	2,78,236	
10	10. Bicycle	1,100	100%	1,100	-	1,100	-	-	
11	11. Mobile Phone	2,48,335	15%	3,85,223	1,648	1,648	11,027	12,973	
12	12. Incentive	3,37,104	15%	2,45,814	34,850	3,31,952	2,89,152	2,40,000	
13	13. Use of Computer	78,706	15%	55,706	69,134	1,541	8,751	10,277	
14	14. 3G/4G Sim	10,75,000	15%	16,75,000	9,95,254	1,02,032	10,87,791	6,88,216	
15	15. Electrical Equipment	17,97,430	15%	24,88,815	1,36,130	10,04,045	9,81,983	9,43,645	
16	16. Vehicle, Motorcar	4,37,568	15%	4,32,568	21,377	3,27,567	1,20,003	4,41,151	
17	17. Electrical (IT/Network)	1,82,000	15%	1,82,000	8,448	1,24,175	47,823	50,287	
18	18. Special equipment & Equip. Maintenance of Clinical	41,14,700	15%	59,18,780	3,29,648	51,90,742	18,68,008	21,97,636	
19	19. Shimadzu Chromatogram System SHC-1010A/PA	21,27,000	10%	37,00,835	1,29,350	16,38,433	4,85,879	8,23,137	
20	20. Xerox Business C71 Xerox Devices	34,03,226	10%	1,13,36,999	80,65,568	4,54,01,654	60,08,500	3,01,63,018	
21	21. Upgradation of Pathology (Sept/Work)	48,00,000	10%	4,09,256	14,09,760	-	-	19,91,000	
22	22. Air of air-conditioning Unit	31,65,851	10%	18,03,208	10,83,700	-	-	16,93,085	
23	23. The printer	4,54,106	10%	4,48,297	15,48,297	-	-	36,13,034	
24	24. Jack stand	66,33,647	10%	87,043	96,307	4,78,280	3,25,859	5,62,967	
25	25. Xerox Office Boundary wall	2,51,94,047	10%	11,56,733	53,400	6,90,213	49,03,274	33,36,511	
26	26. Xerox Office Reception	9,83,166	10%	29,89,148	10,29,435	26,10,592	1,99,83,894	2,05,06,896	
27	27. Chemical Substrate	9,17,794	10%	1,83,111	52,042	2,43,382	6,48,301	7,20,321	
28	28. Security fencing reinforcement	28,249	10%	1,62,889	18,911	2,47,266	3,13,097	2,91,108	
29	29. Electrical items	2,55,000	10%	8,204	2,075	19,529	18,271	20,246	
30	30. Upgradation of IT/Network	3,00,47,262	10%	31,699	23,231	51,070	1,91,980	2,13,131	
31	31. Car/diary and accessories (PSA)	14,327	10%	11,953	1,266	15,149	3,01,47,282	3,01,47,282	
32	32. Diagnostics and research projects at IITM	1,78,740	15%	80,484	11,400	51,404	1,17,8	2,401	
33	33. Construction of Rehabilitation centre	3,21,94,025	10%	35,21,753	18,67,228	63,58,000	14,80,033	89,338	
34	34. Furniture and equipment (Rs. 1000)	4,40,740	10%	1,24,879	33,992	1,59,417	3,03,259	1,30,73,282	
35	35. Purchase of Furniture under Rehabilitation (IITM)	1,13,711	10%	2,54,838	93,636	3,49,484	8,83,277	9,46,962	
36	36. Laptop (ASUS 4707)	64,43,183	15%	10,23,517	7,1,816	17,85,935	43,00,097	91,28,928	
37	37. Furniture (ASUS 6666)	1,007	10%	14,097	1,108	4,213	9,824	1,082	
38	38. Purchase of Equipment (ASUS 6666)	18,11,866	15%	11,81,696	8,49,538	3,30,372	90,30,495	43,31,170	
39	39. Purchase of Books (IITM)	8,80,013	100%	8,80,013	-	-	-	-	
40	40. JMB Capital work in progress	1,28,37,23,000	100%	38,80,611	-	38,80,611	-	-	
41	41. Capital work in progress (ASUS)	84,17,06,224	100%	1,84,17,06,224	-	1,84,17,06,224	-	-	
TOTAL		1,96,62,75,817		1,96,62,75,817	87,70,000	1,08,90,999	1,87,92,817	1,87,92,817	



Schedule 11: Current Assets/ Loans and Advances

A. CURRENTS ASSETS

1. Inventories

a) Stores and spares	2,700,488	3,038,439
----------------------	-----------	-----------

2. Sundry Debtors

-	-
---	---

3. Cash balance in hand(including cash,P.advance etc.)

-	-
---	---

4. Bank Balances

a) With schedule Banks

Purchase of FDR

Pension Fund (A/c 5555)

22,317,423	20,496,357
------------	------------

On deposit accounts

132,818,464	269,333,522
-------------	-------------

On saving accounts

161,504,050	75,002,426
-------------	------------

Total

<u>316,639,937</u>	<u>364,832,305</u>
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B. LOANS AND ADVANCES AND OTHER ASSETS

1. LOANS

-	-
---	---

2. Advances and other amounts recoverable in cash or in kind for value to be received

(a)On capital account ,Advance to HSCC

-	-
---	---

(b) Prepayment

-	-
---	---

(c) Others:

Festival advances

115,015	114,640
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Advance for Maint. of Water Plant

578,731	958,731
---------	---------

Others (Consultancy) HSCC

-	27,130,853
---	------------

Telephone security

12,200	12,200
--------	--------

Advance Maintainaence of Building

800,000	9,190,000
---------	-----------

Advance Improvement & maintenance of electrical item

60,000	890,000
--------	---------

Advance Rehab Non Recurring Exp 4797

-	420,000
---	---------

Advance Other Charges

-	12,000
---	--------

Advance Electricity Security (CAEDCL)

102,533	-
---------	---

Advance LTC

50,000	-
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<u>321,058,904</u>	<u>406,599,168</u>
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**Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam**

Schedule to Income and Expenditure Account for the year ended 31st March 2016

Schedule 12: Income from Sales and Service

	Current Year	Previous Year
Canteen Rent	10,150	12,200
Tender Fees	12,100	37,000
Application Fee for vacant post	-	-
Xerox charges	-	-
RTI Fees	922	10
Miscellaneous Received (A/c No-1172)	57,648	55,237
	80,820	104,447

Schedule 13: Grants and Subsidies

	Current Year	Previous Year
Central Government	221,301,000	230,000,000
Received from Tezpur University (SB A/C No 6666)	922,635	-
Total	222,223,635	230,000,000

Schedule 14: Fees / Subscription (A/c No.2733)

	Current Year	Previous Year
DNB course Fees	77,700	245,500
DPN course fees	-	19,800
M.Sc. Nursing course fees	154,800	203,400
M Phil(PSW)	76,900	-
MD fees	68,600	44,700
Entrance examination	-	500
Entrance Examination Fees (A/C 914010029238412)	-	28,440
Mphil (Clinical Psychology) (A/C No 2733)	81,100	21,200
Stipend Recovery(A/C No 2733)	-	-
MSP Fee Receipt (A/C No 2733)	-	-
Posting Fees (A/C No 2733)	343,600	309,062
PSW Course Fees (A/C No 2733)	-	59,900
Application Fee Received (A/C No 2733)	-	-
Miscellaneous Received(A/C No 2733)	-	186
	802,700	932,688

Schedule 15: Income from Investment

	Current Year	Previous Year
1) ON TERMS DEPOSIT		
a) With schedule banks	28,198,399	12,508,584
b) with non schedule banks		
c) with institutions		
d) Others		
Total	28,198,399	12,508,584



Schedule 17: Interest Earned

	Current Year	Previous Year
1) Saving Accounts		
a) With schedule banks	3,841,912	15,660,715
b) with non schedule banks		
c) Post office saving accounts		
d) Others	20,877	1,967
3) On loans		
4) Interest earned on Security Deposit of CAEDCL	38,720	-
Total	3,901,509	15,662,682

Schedule 18: Other income

	Current Year	Previous Year
Miscellaneous Receipts from Gauhati University	-	
OPD Registration Fees	192,000	190,000
Canteen Electricity Charge		7,400
License Fees	127,084	1,340
Miscellaneous Received (A/c No-1158)		93,198
	319,084	291,938

Schedule 19: Increase / Decrease in stock of finished goods

	Current Year	Previous Year
a) Closing Stock		
Finished Good	2,700,488	3,038,439
Work in progress	-	-
b) Less opening stock		
Finished Good	3,038,439	2,309,109
Work in progress	-	-
	(337,951)	729,330

Schedule 20: Establishment Expenses

	Current year	Previous year
Salaries and wages	162,904,752	156,416,314
Pension Contribution/ NPS	1,664,112	2,452,498
Contribution to Provident Fund (EPF)	5,368,830	6,566,788
Children Education Allowance	1,547,685	1,494,575
LTC	167,550	576,125
Total	171,652,929	167,506,300



Schedule 21: Other Administrative Expenses

	Current year	Previous year
Purchases	18,407,732	19,390,660
Labour expenses	12,210,834	13,383,111
Electricity and power	5,425,809	3,233,501
Repair and maintenance	15,579,635	58,440
Vehicles running and maintenences	732,364	649,726
Postage telephone and communication charges	1,193,458	1,039,956
Printing and Publication	362,127	674,876
Travelling and conveyance Expenses	985,838	1,231,909
Expenses on seminar and workshop	287,573	786,685
Expenses on stationary	591,656	300,553
Auditors remuneration	34,200	33,708
Other Professional & Special Services	78,161	43,175
Professional charges (legal fees)	41,800	9,400
Advertisement and publicity	769,222	945,976
Purchase of learning materials	58,244	-
Security agency	3,569,226	3,177,992
Executive council meeting	91,733	238,122
Misc.O.E. Hospital	106,236	285,523
Other charges	855,863	484,813
Honararium	2,441	2,100
Staff welfare	32,430	35,000
Maintenance of laundry,kitchen,incinarator	3,928	96,611
Maintenance of Xerox,water plants, DG sets,EPBX	2,038,102	2,376,904
Servicing and repairing of hospital equipment	308,313	298,076
Comtribution to professional bodies	454,960	306,618
Information Technology	60,750	69,725
Consultancy Fees	372,724	387,349
Community Psy programme	195,696	180,142
Medical Expenses Reimbursement	838,309	1,597,705
Stipend and Scholarship	3,852,045	3,001,916
Nominal Maitenance wear & tear	112,093	-
Misc Hostel (Male & Female) Maintenance	7,525	-
Information Education Communication materials & other exp	71,000	-
	69,732,027	54,320,272



Schedule 22: Expenditure on Grant / Subsidies etc.

	Current year	Previous year
<u>Expenditure against A/c 2733</u>		
DNB fees expenses	-	55,618
Release of Admission fees	27,000	-
MD Fees Expenses	-	45,100
DPN Fee Collection Expenses	-	-
Mphil (Clinical Psychology)	-	59,336
Fee Collection expenses	-	46,601
Caution Money Release	-	18,000
Misc	29,142	12,998
MSc Psy Nursing fees expenses	-	138,537
Entrance Exam Fee	-	19,221
Posting Fee	65,000	16,000
<u>Expenditure against A/c 4797</u>		
Rehabilitation Expenses	491,857	19,735
<u>Expenditure against A/c 6666</u>		
Salary	1,132,679	675,115
Miscellaneous	245,533	374,799
<u>Expenditure against A/c 6000</u>		
Salary	1,627,451	1,034,689
	3,618,662	2,515,749



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Schedule to Receipts and Payments Account for the year ended 31st March 2016

	<u>2015-16</u>	<u>2014-15</u>
Annexure I: Opening Balance at bank		
2733	3,425,389	2,811,082
1172	7,105,307	7,397,146
4797	1,473,057	2,181,290
1158	56,287,829	244,510,154
6000	5,276,154	6,079,804
4798	70,172	67,447
6666	1,334,111	2,304,212
5555	2,753,084	2,544,335
A/c No.914010029238412(Axis Bank)	30,407	-
	<u>77,755,510</u>	<u>267,895,470</u>
Annexure II: Opening Balance of Term Deposit		
2733	-	-
1172	1,923,855	1,763,937
4797	-	-
1158	259,610,793	162,186,718
6000	6,798,874	6,430,320
4798	-	-
6666	-	-
5555	17,743,273	16,661,577
A/c No.914010029238412(Axis Bank)	1,000,000	-
	<u>287,076,795</u>	<u>187,042,552</u>
Annexure III: Interest Earned on Saving s Account		
2733	153,806	121,470
1172	556,215	603,724
4797	59,672	106,683
1158	2,552,556	14,216,157
6000	191,434	231,039
4798	3,831	2,725
6666	111,926	170,168
5555	212,472	208,749
914010029238412	20,877	1,967
	<u>3,862,789</u>	<u>15,662,682</u>
Annexure IV: Interest Earned on Term Deposits		
2733	-	-
1172	171,090	159,918
4797	-	-
1158	25,709,933	10,898,416
6000	616,381	368,554
4798	-	-
6666	-	-
5555	1,608,594	1,081,696
914010029238412	92,401	-
	<u>28,198,399</u>	<u>12,508,584</u>



Annexure V: Grants/Subsidies ReceivedA/c 1138

Received From MOH & FW, GOI	321,301,000	660,000,000
Received from Tezpur University	-	-
<u>A/c 6666</u>		
Received from Tezpur University	922,635	-
	<u>322,223,635</u>	<u>660,000,000</u>

Annexure V (a)

Received from RCI, New Delhi	471,350	-
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Annexure VI: Other IncomeA/c 2232

MSc. (Psy. nursing)	154,800	203,400
DPN Course fees	-	19,800
Mphil (Clinical Psychology)	81,100	21,200
Caution Money Deposit	3,000	-
DNB course fees	77,700	245,500
Mphil (PSW)	76,900	-
MD Student fees	68,600	44,700
Entrance Examination fees	-	500
Application fee received	-	-
MSP Fee Receipt	-	-
Posting Fees	343,600	309,062
PSW Course Fees	-	59,900
Student Bond Recovery	-	-
Miscellaneous Receipts	-	186
Total (A)	<u>805,700</u>	<u>904,248</u>

A/c 1172

Sales proceeds	-	-
Canteen Rent	10,150	12,200
Sale of scrap	-	-
Tender Fees	12,100	37,000
Application Fee for vacant post	-	-
Postal order	-	-
Library books (late fine)	-	-
Quotation fees	-	-
Xerox charges	-	-
RTI Fees	-	-
Miscellaneous Received	57,648	55,237
Total (B)	<u>79,898</u>	<u>104,437</u>

A/c 1138

OPD Registration fees	192,000	190,000
Gauhati University	-	-
License Fees(Quarter)	127,084	127,361
Electric Charge	401,701	307,929
Electric Charge (Quarter)	-	-
Canteen Electricity Charges	-	7,400
RTI Fees	922	10
Excess Deposit against bill no 106A,47,860,47	-	1,461
Misc Received from Journal Subscription Service B/N	-	93,198
Total (C)	<u>721,707</u>	<u>727,359</u>

A/c No.914010029238412(Axis Bank)

Entrance Exam Fee	-	28,440
Total (D)	-	28,440
Grand Total (A+B+C+D)	<u>1,607,305</u>	<u>1,764,484</u>



Annexure VII: Other receipts of non-revenue in naturea) Security Deposits

A/c 1172	-	-
A/c 4797	6,062	88,353
A/c 1158	479,872	1,169,455
A/c 6666	-	-
	<u>485,934</u>	<u>1,257,808</u>

b) Earned Money Deposit

A/c 1172	-	-
A/c 4797	-	-
A/c 1158	-	782,560
A/c 6666	-	-
	<u>-</u>	<u>782,560</u>

c) OthersA/c 1158

LIP	-	-
GPF	-	-
Recovery of Salary	-	-
Other Deduction from salary	135,856	236,182
Misc Received	477,129	-
Receive from LIC (GSLI)	22,190	-
Stipend returned by Rituraj Gogoi	69,168	-
Salary returned by Dr Inamdar A Sahjahan	77,299	-
Leave Salary Returned(Mr Ujjal Tamfadar)	30,910	-
MCI Fees Returned	75,000	-
Canteen Rent Received in 1158	6,000	-
Receive from Journal Subscription service	40,941	-
Stipend Returned	18,000	-
NPS	69,115	-
Adjustment of Advance Other Charge	12,000	-
Festival Advance	-	11,900
Adjustment of Advance HSCC	27,130,853	-
Adjustment of Advance Building	9,190,000	-
Adjustment of Advance Electrical	890,000	-
Adjustment of Advance Water Plant	380,000	-
Inter Account transfer(Transferred from A/C No 914010029238412)	30,000	-
Excess Deposit	-	-
Labour Wages paid but not debited by bank	-	-
<u>A/C No 6000</u>	-	-
Misc Received(Refund of Salary/Stipend)	25,000	-
<u>A/c 4797</u>	-	-
Previous year Advance Rehabilitation (Adjustment)	420,000	-
	<u>39,099,461</u>	<u>248,082</u>

Annexure VIII: Establishment Expenses

Salary	163,117,907	156,778,517
Employer's share for EPF & Gratuity	5,368,830	6,566,788
Employer's share for NPS & Gratuity	1,295,966	845,310
Children Education Allowance	1,547,685	1,494,575
Pension/Leave salary Contribution	399,056	1,607,188
LTC	167,550	576,125
Total	<u>171,896,994</u>	<u>167,868,503</u>



Annexure IX: Office Expenses

Legal services	41,800	9,400
Printing & Stationery	591,656	300,553
Printing and publications	362,127	674,876
Advertisement and publicity	769,222	945,976
Postage and Telegram	121,359	73,803
BOG/EC Meeting	91,733	238,122
Electricity Charges	3,674,486	3,053,078
Electrical OE	-	-
Telephone charges	1,072,099	966,153
Security agency	3,569,226	3,177,992
Bank Charges	-	-
Maintenance of computer / Xerox	414,679	681,617
Maintenance of Water plant	737,808	-
Other charges	851,991	484,813
Staff welfare	32,430	35,000
Maintenance of DG sets	885,615	1,695,287
Information Technology	60,750	69,725
Improvement & maintenance of electrical item	2,153,024	488,352
Nominal Maintenance wear & tear	112,093	-
Misc Hostel (Male & Female) Maintenance	7,525	-
	<u>15,549,623</u>	<u>12,894,747</u>

Annexure X: Administrative Expenses

Salary & Wages	12,210,834	13,383,111
Travelling Expenses	985,838	1,231,909
Vehicle Maintenance/POL	732,364	649,726
Reimbursement of Medical Expenses	838,309	1,597,705
Maintenance of Building etc	15,579,635	58,440
Payment of Prof. and spl service	112,361	76,883
Honorarium	2,441	2,100
Stipends	3,939,213	3,001,916
	<u>34,400,995</u>	<u>20,001,790</u>

Annexure XI: Hospital Expenses

Diet expenses	5,025,583	5,725,611
Medicine	3,765,109	3,616,511
Clothing	1,322,471	1,094,704
Laboratory Maintenance	7,664,336	8,500,501
Hygienic expenses	630,233	453,333
Miscellaneous	106,236	285,523
Maint. Of laundry & Kitchen	3,928	96,611
Maintenance of Incinerator	-	-
Surgical Stores	308,313	288,076
Servicing/repairing of Hospital Instrument	-	10,000
Community Psy. Programme	195,696	180,142
	<u>19,021,905</u>	<u>20,251,012</u>



Annexure XII: Academic Expenses

Consultancy Fees	372,724	387,349
Contributions to Professional Bodies	529,960	306,618
Purchase of learning material	58,244	-
Training / conference/seminar	287,573	786,685
Information Education Communication materials & other exp	71,000	-
	<u>1,319,501</u>	<u>1,480,652</u>

Annexure XIII: Expenses from A/c 2733

DNB fees expenses	-	55,618
Mphil (PSW)	-	-
MD Fees Expenses	-	45,100
Release of Admission fees	27,000	-
Mphil (Clinical Psychology)	-	59,336
Fee Collection expenses	-	46,601
Caution Money Release	-	18,000
Miscellaneous	29,142	12,998
MSc Psy Nursing fees expenses	-	138,537
Entrance Exam Fees	-	19,221
Posting Fees	65,000	16,000
	<u>121,142</u>	<u>411,411</u>

Annexure XIV: Payments for Rehabilitation A/c

Rehabilitation Expenses	491,857	19,735
Security Deposit	-	-
	<u>491,857</u>	<u>19,735</u>

Annexure XV: Payment from A/c 6000

Salary	1,652,451	1,034,689
	<u>1,652,451</u>	<u>1,034,689</u>

Annexure XVI: Payment from A/c 6666

Salary	1,132,679	675,115
Miscellaneous	245,533	374,799
Travel Expenses	-	-
Release of Security	-	-
Registration Fees	-	-
Chemical Consumables	-	-
	<u>1,378,212</u>	<u>1,049,914</u>

Annexure XVII: Fixed Assets Purchased

Capital Work-In-Progress	168,407,342	526,933,694
Capital Work-In-Progress(APDCL)	5,430,728	-
Car	1,942,962	-
Furniture & Fixture	869,360	2,860,641
Office Equipment	347,505	366,512
Computer	1,013,516	549,830
Library Books	17,346,740	14,824,575
Medical Equipments	194,500	1,014,750
A/c Rehabilitation		
Equipment Purchased	49,600	463,534
A/c 6666		
Equipment Purchased	-	90,355
	<u>195,602,253</u>	<u>547,103,891</u>



Annexure XVIII: Advances/Liability Paid

Advance Electricity Security	67,685	-
Advance Maintenance of Water Plant	-	380,000
Advance LTC	50,000	-
Festival Advances	375	-
Advance Improvement & maintenance of electrical item	60,000	790,000
Excess deposit liability adjusted of FY 2014 15	1,461	-
Previous year advance adjusted (HSCC)	-	-
LIP Paid	650	-
Release of Earnest Money	740,706	-
VAT liability Paid	952	-
Advance for maintenance of Building	800,000	8,610,000
Advance Other Charges	-	12,000
GPF liability of F.Y. 2013-14	-	2,000
<u>A/c Rehabilitation</u>	-	-
Advance Rehabilitation Expenses	-	420,000
	<u>1,721,829</u>	<u>10,214,000</u>

Annexure XIX: Other Payment

Transferred to A/C No 2733 from A/c 914010029238412	30,000	-
Misc Payment	477,129	-
Transferred to A/C No 1172 from A/C No 1158	6,000	-
	<u>513,129</u>	<u>-</u>

Annexure XIX (a): Other Payment

RCI Workshop Exp (Rehab Centre) 1158	455,771	-
Returned to RCI, New Delhi from A/C 1158	15,579	-
	<u>471,350</u>	<u>-</u>

Annexure XX: Closing Balance of Cash at bank

2733	4,293,753	3,425,389
1172	7,741,420	7,105,307
4797	1,417,334	1,473,057
1158	142,033,258	56,287,829
6000	3,840,137	5,276,154
4798	74,003	70,172
6666	990,460	1,334,111
5555	2,965,556	2,753,084
914010029238412 (AXIS Bank)	1,113,685	30,407
	<u>164,469,606</u>	<u>77,755,510</u>

Annexure XXI: Closing Balance of Term Deposit

2733	-	-
1172	2,094,945	2,923,855
4797	-	-
1158	123,308,264	259,610,793
6000	7,415,255	6,798,874
4798	-	-
6666	-	-
5555	19,351,867	17,743,273
	<u>152,170,331</u>	<u>287,076,795</u>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 115B

Particulars	2015-16	2014-15	Particulars	2015-16	2014-15
Opening Balance					
a) Cash in hand	-	427	a) Salary:		
b) Cash at bank	56,287,829	244,510,154	Salary	163,117,987	156,778,517
Indian Overseas Bank			Employer's share for EPF & Gratuity	5,366,830	6,566,788
A/c No 115B			Employer's share for NPS & Gratuity	7,295,966	845,310
c) Term Deposits	259,610,793	162,186,718	Children Education Allowance	1,547,685	1,494,575
Interest earned	2,552,556	14,216,157	Pension/Leave salary Contribution	399,056	1,607,188
On SB Deposit	25,789,933	10,898,416	LTC	167,539	576,125
On Term Deposits					
Grants Received	321,391,000	660,000,000	b) Office Expenses		
Received from MOH & FW, GOI	471,350	-	Legal services	47,890	9,400
Received from Rehabilitation Council of India	-	-	Printing & Stationery	597,656	300,553
Received from Tezpur University	192,000	190,000	Printing and publications	362,127	674,876
Other Income/Debt/DL			Advertisements and publicity	769,222	945,976
OPD Registration fees			Postage and Telegram	121,359	73,803
Gauhati University			BOG/EC Meeting	91,733	238,122
License Fees(Quarter)	127,084	127,361	Electricity Charges	3,674,486	3,053,078
License Fees(Quarter)	481,701	307,929	Electrical OE		
Electric Charge			Telephone charges		
Electric Charge (Quarter)		7,400	Security agency	1,872,099	966,153
Constant Electricity Charges			Bank Charges	3,569,226	3,177,992
RTI Fees	922	10	Maintenance of computer / Xerox	414,679	681,617
Excess Deposit against bill no 106A/47866/47		1,461	Maintenance of Water plant	737,888	-
Misc Received from Journal Subscription Service BSN		93,198	Other charge	851,991	484,813
			Staff welfare	32,430	35,000
Other Receipts			Maint. Of DG sets	865,613	1,095,287
LIP			Information Technology	60,750	69,725
GPF			Improvement & maintenance of electrical item	2,153,824	488,352
Recovery of Salary	156,443	256,182	Non-staff maintenance wear & tear	112,093	-
Other Deduction from salary	69,115	-	Miss Hood (Male & Female) maintenance expenditure	7,325	-
NPS	477,129	-			
Misc Received					
Receive from LIC (GSLI)	22,190	-			
Salary Returned by Rituraj Gogoi	69,168	-			
Salary Returned by Dr Inamdar A. Subijahan	77,299	-			

Leave Salary Returned/Mr Ujjal Tamilar)									
MCI Fees Returned	36,910	-							
Receive from Journal Subscription service	75,000	-							
Stipend Returned	46,941	-							
Canteen Rent Received	18,000	-							
Earned Money (Not deposit current year)	6,000	-							
Security deposit (Near deposit current year)		782,560		c2) Administrative Expenses	12,210,834		13,283,111		
Festival Advance	479,872	1,169,455		Salary & Wages	985,838		1,231,909		
Adjustment of Advance Other Charge	-	-		Travelling Expenses	732,364		649,726		
Adjustment of Advance Building	12,000	-		Vehicle Maintenance/POL	-		-		
Adjustment of Advance Electrical	9,190,000	11,900		Hospitality Expenses	15,579,635		58,440		
Adjustment of Advance Water Plant	890,000	-		Maintenance of Building etc	112,361		76,883		
Adjustment of Advance HSCC	380,000	-		Payment of Prof. and spl service	2,441		2,100		
	27,130,833	-		Honorarium	838,309		1,597,705		
		-		Reimbursement of Medical Expenses	3,039,213		3,001,916		
		-		Stipends	-		-		
		-		d) Hospital Expenses	5,025,583		5,725,611		
		-		Diet expenses	195,696		180,142		
		-		Community pay Programme	3,765,109		3,616,511		
		-		Medicine	7,222,477		1,094,704		
		-		Clothing	7,664,336		8,500,501		
		-		Laboratory Maintenance	636,233		453,233		
		-		Hygienic expenses	106,236		285,523		
		-		Miscellaneous	3,928		96,611		
		-		Maint. Of laundry & kitchen	-		10,000		
		-		Service/repairing of hospital instrument	308,313		288,076		
		-		Surgical Stores	-		-		
		-		e) Academic Expenses	372,724		387,349		
		-		Consultancy Fees	329,900		306,618		
		-		Contributory to professional bodies	58,244		-		
		-		Purchase of learning material	287,573		786,685		
		-		Training / conference/seminar	71,000		-		
		-		Information Education Communication materials & other exp	-		-		
		-		D. Expenditure on Fixed Assets & Capital WIP	168,407,342		526,953,694		
		-		Capital Work-In-Progress	5,430,728		-		
		-		Capital Work-In-Progress(APDCL)	7,942,962		-		
		-		Car	809,360		2,860,641		
		-		Furniture & Fixtures	347,505		366,512		
		-		Office Equipment/Electrical & other general equipment	7,013,516		549,830		
		-		Computer	17,346,740		14,824,575		
		-		Library Books	-		-		



Medical Equipments			194,500	1,014,750
g) Other Payments				
Advance Electricity Security			67,685	-
Advance Maintenance of Water Plant			-	340,000
Advance LTC			50,000	-
FESTIVAL ADVANCES			375	-
Advance Improvement & maintenance of electrical item			60,000	790,000
Excess deposit liability adjusted of FY 2014-15			1,461	-
Misc Payment			477,129	-
Transferred to A/C No 1172 from A/C No 1158			6,000	-
LIP Paid			650	-
Release of Earnest Money			740,706	-
VAT liability Paid			952	-
Advance for maintenance of Building			800,000	8,610,000
Recovery from salary (other deductions) Paid			26,587	-
Advance Other Charge			-	12,000
GPF liability of F.Y. 2013-14			-	2,000
RCI Workshop Exp 1158			455,771	-
Returned to RCI, New Delhi from A/C 1158			15,579	-
Closing Balance				
a) Cash in hand				
b) Cash at bank			142,033,258	56,287,829
Indian Overseas Bank				
A/c No 1158			173,308,264	259,610,793
c) Term Deposits				
			705,780,088	1,094,739,328

In terms of our report of even date attached

For and on behalf of
Suresh Dugar & Associates
Chartered Accountants

Suresh Dugar
CA. Suresh Dugar
Partner
MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health

[Signature]

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 1172

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
<u>Opening Balance</u>	-	-	<u>Closing Balance</u>	-	-
a) Cash in hand	-	-	a) Cash in hand	-	-
b) <u>Cash at bank</u>	7,105,307	7,397,146	b) <u>Cash at bank</u>	7,741,420	7,105,307
Indian Overseas Bank			Indian Overseas Bank		
A/c No. 1172			A/c No. 1172		
c) Term Deposits	1,923,855	1,763,937	c) Term Deposits	2,094,945	2,923,855
<u>Interest earned</u>					
On SB Deposit	556,215	603,724			
On Term Deposits	171,090	159,918			
<u>Other Income (Specific)</u>					
Canteen Rent	10,150	12,200			
Tender Fees	12,100	37,000			
Miscellaneous Received	57,648	55,237			
	9,836,365	10,029,162		9,836,365	10,029,162

In terms of our report of even date attached.

For and on behalf of

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
C.A. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health

[Signature]

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sootipur :: Assam
Receipts and Payments Account for the year ended 31st March 2016
A/c No. 2733

Particulars	2015-16	2014-15	Particulars	2015-16	2014-15
Opening Balance	-	-	DND fees exp	-	55,618
a) Cash in hand	-	-	Mphil (PSW)	-	45,100
b) Cash at bank	3,425,389	2,811,082	MD Fees Exp	27,000	59,336
Indian Overseas Bank	-	-	Release of Admission fee	-	46,601
A/c No. 2733	-	-	Mphil (Clinical Psychology)	-	18,000
c) Term Deposits	-	-	Fee Collection exp	29,142	12,998
Interest earned	153,806	121,470	Caution Money Release	-	138,537
<i>Other Income/Save/63</i>	-	-	Misc	65,000	19,221
MSPet psy nursing)	154,800	203,400	Misc Psy Nursing fees exp	-	16,000
DPN Course fee	-	19,800	Entrance Exam Fee	-	-
Mphil (Clinical Psychology)	81,100	21,200	Posting Fee	-	-
Caution Money Deposit	3,000	-	Current Balance	-	-
DNB course fee	77,700	245,500	a) Cash in hand	-	-
Mphil (PSW)	76,900	-	b) Cash at bank	4,293,753	3,425,389
MD Student fees	68,600	44,700	Indian Overseas Bank	-	-
Entrance Examination fee	-	500	A/c No. 2733	-	-
MSP Fee Receipt	-	-	c) Term Deposits	-	-
Posting Fee	343,600	309,062			
PSW Course Fee	-	59,900			
Miscellaneous Received	-	186			
Other Received	30,000	-			
Inter Account transfer	-	-			
	4,414,895	3,836,800		4,414,895	3,836,800

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
CA. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E
Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health

[Signature]
Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 4798

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
Opening Balance					
a) Cash in hand	-	-	Closing Balance		
b) Cash at bank	70,172	67,447	a) Cash in hand	-	-
Indian Overseas Bank			b) Cash at bank		
A/c No. 4798			Indian Overseas Bank	74,003	70,172
c) Term Deposits			A/c No. 4798		
Interest earned			c) Term Deposits		
On SB Deposit	3,831	2,725			
				74,003	70,172

In terms of our report of even date attached.

For and on behalf of:
Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
C.A. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health

[Signature]

Authorized Signatory

Lokopriya C)nath Bordoloi Regional Institute of Mental Health)
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 6000

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
Opening Balance			Salary	1,652,451	1,034,689
a) Cash in hand			Closing Balance		
b) Cash at bank	5,276,154	6,079,804	a) Cash in hand		
Indian Overseas Bank			b) Cash at bank		
A/c No.6000	6,798,874	6,430,320	Indian Overseas Bank	3,840,137	5,276,154
c) Term Deposits			A/c No.6000		
Interest earned	191,434	231,039	c) Term Deposits	7,415,255	6,798,874
On SB Deposit	616,381	368,554			
On Term Deposits	25,000				
Misc Received(Refund of salary/Stipend)					
	12,907,843	13,109,717		12,907,843	13,109,717

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



Surendra Dugar
CA. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016

For and on behalf of the management
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sontipur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 5555

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
Opening Balance	-	-			
a) Cash in hand	-	-			
b) <i>Cash at bank</i>					
Indian Overseas Bank	2,753,084	2,544,335			
A/c No 5555					
c) Term Deposits	17,743,273	16,661,577			
<i>Interest earned</i>					
On SB Deposit	212,472	208,749	Closing Balance		
On Term Deposit	1,608,594	1,081,696	a) Cash in hand		
			b) <i>Cash at bank</i>		
			Indian Overseas Bank	2,965,556	2,753,084
			A/c No 5555		
			c) Term Deposits	19,351,867	17,743,273
				22,317,423	20,496,357

In terms of our report of even date attached.

For and on behalf of
Surendra Dugar & Associates
Chartered Accountants



Surendra Dugar
CA, Surendra Dugar
Partner
MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016

For and on behalf of the management
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopri Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 6666

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-	Other Payments	1,132,679	675,115
b) Cash at bank	1,334,111	2,304,212	Salary	245,533	374,799
Indian Overseas Bank A/c No.6666					
c) Term Deposits			Purchase of Equipments	-	90,355
<u>Grant Received</u>	922,635	-			
Received from Tezpur University			Closing Balance		
<u>Interest earned</u>	111,926	170,168	a) Cash in hand		
On SB Deposit			b) Cash at bank	990,460	1,334,111
<u>Other Receipts</u>			Indian Overseas Bank A/c No.6666		
Security Deposit			c) Term Deposits	-	-
	2,368,672	2,474,380		2,368,672	2,474,380

In terms of our report of even date attached

For and on behalf of

Surendra Dugar & Associates
Chartered Accountants


CA Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health


Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2016
A/c 914010029238412(Axis Bank)

Particulars	2015-16 ₹	2014-15 ₹	Particulars	2015-16 ₹	2014-15 ₹
Opening Balance					
a) Cash in hand	-	-	Transferred to A/C No 2733	30,000	-
b) Cash at bank			Closing Balance		
Indian Overseas Bank	30,407	-	a) Cash in hand	-	-
A/c No. 914010029238412(Axis Bank)	1,000,000		b) Cash at bank		
c) Term Deposits			Indian Overseas Bank		
Other income	-	28,440	A/c No. 914010029238412(Axis Bank)	1,113,685	30,407
Interest earned			c) Term Deposits		
On SB Deposit	20,877	1,967			
On Term Deposits	92,401	-			
	1,143,685	30,407		1,143,685	30,407

In terms of our report of even date attached

For and on behalf of

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
C.A. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 31st August, 2016



For and on behalf of the management
LGB Regional Institute of Mental Health

[Signature]

Authorized Signatory

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2016

SCHEDULE 24: SIGNIFICANT ACCOUNTING POLICIES

1. **Accounting Convention:** The attested financial statements have been prepared on the basis of historical cost concept and on cash accounting basis. In the current year, the Institute has accounted for interest accrued on investments on accrual basis.
2. **Inventory Valuation:** Stores and spares are valued at cost or net realizable value, whichever is lower.
3. **Fixed assets and depreciation:**
 - a. Fixed assets are stated at written down value after providing depreciation at the rates prescribed under Section 32 of the Income Tax Act, 1961.
 - b. The current construction cost of the new buildings has been incorporated in the books as Work In Progress under the head "Creation of Capital Assets."
 - c. The Institute provides depreciation on applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under the WDV method.
4. **Government Grants:** Government grants are recognized on realization basis. Grants received for Capital Outlay have been credited to Corpus Fund account and that received as General Fund are credited to Grants in aid a/c shown under Income and Expenditure account. *Interest on government grants, whether invested from Capital Fund or General Fund, invested as fixed deposits have been shown as Interest Earned under Income and Expenditure Account.*
5. **Retirement Benefits:** No provisions have been made for gratuity or leave encashment payable.



6. **Interest Income:** Income earned on regular savings account as well as on term deposits are credited for in the books of accounts on accrual basis.



SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2016

SCHEDULE 25: CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

1. **Current Assets, Loans and Advances:** In the opinion of the management, current assets and loans and advances have a value on realization in the ordinary course of business, at least to the aggregate amount shown in the balance sheet.

2. **Provision for taxation:** Provision for income tax is not made for the reason that the Institute is exempted from taxation under section 10 of the Income Tax Act, 1961.

However, as per recent amendment made in Budget 2014, any medical institution or hospital covered under Section 10(23C)(iiiæ) or (via) of the Income Tax Act, 1961 shall be required to file its return of income u/s 139(4C) if its income (without giving exemption under section 10) exceeds the maximum amount not chargeable to tax.

It is advisable that the Institute should take necessary steps to abide by the taxation laws.

3. **Re-arrangement of previous year's figure:** The previous year's figures have been re-grouped, re-arranged and re-classified wherever necessary to facilitate comparison with the current year's figures.

4. **Bank Reconciliation Statement:** It has been observed that the Institute had not passed entries pertaining to bank charges and liquid deposit fund. As a matter of internal control, *it is advisable that the Institute should take necessary steps to minimize the entries appearing in the bank reconciliation statement* by passing the regular entries appearing in the bank statement.

5. **Books of accounts:** The Institute has maintained manual Cash Books which are then posted into an in-house developed computerized accounting software. Hence, the audit had been conducted by verifying transactions from various registers (computerized as well as manual).



6. **Fixed Assets:** As verified, explained and according to the information provided to us by the Management, any amount spent for upgradation/ modification/ addition in the existing civil structure is not capitalized and treated as revenue.

Further, as explained and as per information provided to us, an amount of ₹ 1,17,01,268/- have been written off from the schedule of assets as per the advice of Office of the Comptroller and Auditor General.

7. **Depreciation:** The Institute, until the financial year 2013-14, had been charging depreciation at the rates prescribed under Schedule XIV of the Companies Act, 1956 under SLM Method. In the year 2014-15, the depreciation rates had been changed to applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under WDV method. The same method of charging depreciation is being followed in the reporting year i.e. 2015-16 also.

Accounting Standard 6 "Depreciation" issued by the ICAI suggest that in case depreciation method is changed, depreciation should be recomputed applying the new method from the beginning of the useful life of the depreciable asset. The resultant surplus/ deficiency arising out of the re-computation is charged to profit and loss statement. Whereas the Institute have charged depreciation on the opening WDV of the asset as on 01.04.2014 at rates prescribed u/s 32 of the Income Tax Act, 1961.

It is advisable that the fixed asset register should be revised and the assets should be brought to their true and fair value.

8. **Accounting Convention:** As explained and according to the information provided to us since the Institute is following cash basis of accounting, it do not accounts for the asset on the date of its put to use. The same are accounted for at the time of payment of the bill for purchase of asset. Moreover, fixed assets register is also updated on the date of payment of the asset.



9. **Contingent Liabilities:** Contingent liability is estimated at ₹ 77,508/-, being Assam Entry Tax payable @ 4% on vehicles purchased out of Assam under Assam Entry Tax Act, 2008.
10. **TDS:** The Institute has deducted tax at source on payment made on account of Contractual Labour only on the Service Charges element. Whereas, in our opinion, u/s 194C or u/s 194J of the Income Tax Act, 1961, tax is required to be deducted on any sum paid/ payable to the payee i.e on the entire billed amount.



